

22nd Asian U20 Athletics Championships Day Two (29 May 2026) Morning Call Time (Revised)

	Final Call at JSC	Leaving JSC	Arrive at KTSG Time	Final Call at KTSG	Leaving Call Room	22nd Asian U20 Athletics Championships (Hong Kong, China) Daily Programme			
						Start Time	Day Two : 29 May 2026 Morning		
KTSG	----	----	7:10	8:10	8:20	8:30	110 mH	M	Decathlon
KTSG	----	----	7:10	8:20	8:30	8:40	5000 m RW	M	Final
KTSG	----	----	----	----	----	9:10	Discus Throw	M	Decathlon
Warm Up at JSC	8:30	8:40	8:55	9:00	9:10	9:20	800 m	W	Round 1 Heat 1
Warm Up at JSC	8:30	8:40	8:55	9:08	9:18	9:28	800 m	W	Round 1 Heat 2
Warm Up at JSC	8:46	8:56	9:11	9:16	9:26	9:36	800 m	M	Round 1 Heat 1
Warm Up at JSC	8:54	9:04	9:19	9:24	9:34	9:44	800 m	M	Round 1 Heat 2
Warm Up at JSC	8:54	9:04	9:19	9:32	9:42	9:52	800 m	M	Round 1 Heat 3
Warm Up at JSC	8:35	8:45	9:00	9:05	9:15	10:00	Triple Jump	W	Final
Warm Up at JSC	9:20	9:30	9:45	9:50	10:00	10:10	200 m	W	Round 1 Heat 1
Warm Up at JSC	9:20	9:30	9:45	9:57	10:07	10:17	200 m	W	Round 1 Heat 2
Warm Up at JSC	9:34	9:44	9:59	10:04	10:14	10:24	200 m	W	Round 1 Heat 3
Warm Up at JSC	9:45	9:55	10:10	10:15	10:25	10:35	200 m	M	Round 1 Heat 1
Warm Up at JSC	9:45	9:55	10:10	10:22	10:32	10:42	200 m	M	Round 1 Heat 2
Warm Up at JSC	9:59	10:09	10:24	10:29	10:39	10:49	200 m	M	Round 1 Heat 3
KTSG	----	----	----	----	----	10:53	Pole Vault	M	Decathlon
Warm Up at JSC	10:06	10:16	10:31	10:36	10:46	10:56	200 m	M	Round 1 Heat 4
Warm Up at JSC	10:35	10:45	11:00	11:05	11:15	11:25	110 mH	M	Round 1 Heat 1
Warm Up at JSC	10:35	10:45	11:00	11:13	11:23	11:33	110 mH	M	Round 1 Heat 2