

22nd Asian U20 Athletics Championships Day Two (29 May 2026) Afternoon Call Time (Revised)

	Final Call at JSC	Leaving JSC	Arrive at KTSG Time	Final Call at KTSG	Leaving Call Room	22nd Asian U20 Athletics Championships (Hong Kong, China) Daily Programme			
						Start Time	Day Two : 29 May 2026 Afternoon		
Warm Up at JSC	15:15	15:25	15:40	15:45	15:55	16:40	Triple Jump	M	Final
Warm Up at JSC	15:25	15:35	15:50	15:55	16:05	16:45	High Jump	W	Final
Warm Up at JSC	15:40	15:50	16:05	16:10	16:20	16:50	Shot Put	W	Final
KTSG	---	---	---	---	---	16:55	Javelin Throw	M	Decathlon
Warm Up at JSC	16:50	17:00	17:15	17:20	17:30	17:40	100 mH	W	Final
Warm Up at JSC	17:05	17:15	17:30	17:35	17:45	17:55	110 mH	M	Final
Warm Up at JSC	17:00	17:10	17:25	17:30	17:40	18:10	Discus Throw	W	Final
Warm Up at JSC	17:30	17:40	17:55	18:00	18:10	18:20	3000 m SC	W	Final
KTSG	---	---	---	---	---	18:40	1500 m	M	Decathlon
Warm Up at JSC	18:05	18:15	18:30	18:35	18:45	18:55	400 m	W	Final
Warm Up at JSC	18:15	18:25	18:40	18:45	18:55	19:05	400 m	M	Final