



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 08:30

Men's 100m Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HKG All Comers	10.14	Sorato SHIMIZU	JPN	27 Sep 2025
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: +1.4 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Point Tot.Pts
1	228	Rahul Jakhar	IND	11 Sep 2008	1	0.144	10.70	929
2	238	Upkar Upkar	IND	16 Jun 2007	4	0.149	11.07 (11.062)	845
2	304	Askar Omirzak	KAZ	17 Sep 2008	9	0.144	11.07 (11.062)	845
4	274	Kotaro Ihara	JPN	2 Jan 2007	3	0.137	11.15	827
5	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	6	0.159	11.16	825
6	140	Cheng-yu Wu	TPE	25 May 2008	7	0.196	11.23	810
7	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	2	0.171	11.48	757
8	191	Pak Ki Wong	HKG	21 Mar 2009	8	0.154	11.50	753
9	572	Jakhongir Juraboev	UZB	9 Jan 2008	5	0.132	11.54	744



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 19:50

Men's 100m Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: +0.2 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	113	Hongyu Dai	CHN	5 Feb 2008	4	0.153	10.28	TR7.1[C] YC
2	171	Chun Ting Kwok	HKG	17 Oct 2007	6	0.141	10.35 (10.346)	HK U20 PB
3	282	Tsubasa Yasukawa	JPN	14 Jul 2007	3	0.129	10.35 (10.350)	
4	119	Juncheng Fang	CHN	15 Oct 2008	7	0.156	10.36	
5	524	Chutithat Pruksorranan	THA	24 Aug 2007	5	0.139	10.38	
6	197	Yat Lok Chan	HKG	6 Jan 2007	8	0.149	10.41	
7	379	Danish Iftikhar Muhammad Roslee	MAS	25 Mar 2007	9	0.155	10.43	
8	141	Chia-le Lin	TPE	3 Apr 2008	2	0.144	10.61	

Legend:
HK U20 HK U20 PB Personal Best YC Yellow Card TR7.1[C] Improper conduct



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 09:40

Men's 100m Round 1 Heat 1/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HKG All Comers	10.14	Sorato SHIMIZU	JPN	27 Sep 2025
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: -0.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	113	Hongyu Dai	CHN	5 Feb 2008	6	0.152	10.37Q
2	171	Chun Ting Kwok	HKG	17 Oct 2007	5	0.126	10.53Q
3	448	Faisal Hassan Alasmari	KSA	22 May 2008	7	0.143	10.59Q
4	476	Jonathan Philip Hoare	SGP	12 Jan 2009	8	0.116	10.67
5	292	Ahmad Basil Turki Ibrahim	JOR	22 May 2008	4	0.173	10.91
6	366	Chi Hin Kuong	MAC	2 Aug 2008	3	0.143	11.00

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:
Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 09:47

Men's 100m Round 1 Heat 2/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HKG All Comers	10.14	Sorato SHIMIZU	JPN	27 Sep 2025
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: -0.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	119	Juncheng Fang	CHN	15 Oct 2008	3	0.173	10.31Q
2	197	Yat Lok Chan	HKG	6 Jan 2007	2	0.134	10.52Q
3	382	Muhammad Dzul Danish Jamari	MAS	19 Sep 2007	4	0.168	10.56Q
4	410	Ahamed Qais Moosa Khamis Al Jabri Al Jabri	OMA	5 Jan 2008	5	0.179	10.69
5	145	Min-hao Li	TPE	10 Aug 2009	6	0.150	10.71
6	368	Hio Nam Kuok	MAC	6 Apr 2009	8	0.163	11.07
7	397	Enkhjavkhlán Enkhbold	MGL	22 Jun 2008	7	0.155	12.14

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:
Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 09:54

Men's 100m Round 1 Heat 3/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HKG All Comers	10.14	Sorato SHIMIZU	JPN	27 Sep 2025
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: +1.5 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	282	Tsubasa Yasukawa	JPN	14 Jul 2007	8	0.142	10.41Q
2	523	Anucha Sa-gabankhok	THA	22 Feb 2008	2	0.148	10.48Q
3	141	Chia-le Lin	TPE	3 Apr 2008	4	0.143	10.57Q
4	481	Qiyue Wang	SGP	12 Aug 2009	3	0.146	10.74
5	165	Cheuk Fung Jasper Koo	HKG	12 May 2008	7	0.171	10.76
6	511	Boburjon Azimov	TJK	14 Dec 2008	6	0.196	11.05 (11.042)
7	338	Lee Minjun	KOR	18 Nov 2007	5	0.126	11.05 (11.047)

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:
Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 10:01

Men's 100m Round 1 Heat 4/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HKG All Comers	10.14	Sorato SHIMIZU	JPN	27 Sep 2025
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: +0.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	524	Chutithat Pruksorranan	THA	24 Aug 2007	4	0.142	10.34Q
2	379	Danish Iftikhar Muhammad Roslee	MAS	25 Mar 2007	6	0.165	10.40Q
3	335	Kim Dongjin	KOR	9 Feb 2007	7	0.152	10.62Q
4	406	Prabin Rana	NEP	26 Apr 2009	5	0.152	10.82
5	512	Mahdi Aktamzoda	TJK	25 Dec 2008	3	0.205	11.49
6	390	Ahunaf Rayyaan Fahumee	MDV	2 Jul 2008	8	0.241	11.58
7	416	Pi Durden Wangkay	PHI	3 Feb 2009	2	0.181	18.53

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:
Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 16:45

Men's 100m
Semi Final Heat 1/2 Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: +0.5 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	119	Juncheng Fang	CHN	15 Oct 2008	5	0.155	10.32Q	
2	171	Chun Ting Kwok	HKG	17 Oct 2007	4	0.137	10.36Q	HK U20 PB
3	282	Tsubasa Yasukawa	JPN	14 Jul 2007	7	0.140	10.42Q	
4	382	Muhammad Dzul Danish Jamari	MAS	19 Sep 2007	8	0.156	10.52	PB
5	523	Anucha Sa-gabankhok	THA	22 Feb 2008	6	0.139	10.53	
6	145	Min-hao Li	TPE	10 Aug 2009	9	0.153	10.67 (10.664)	
7	335	Kim Dongjin	KOR	9 Feb 2007	3	0.151	10.67 (10.666)	
8	476	Jonathan Philip Hoare	SGP	12 Jan 2009	2	0.112	10.68	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
HK U20 HK U20 Q Qualified by place in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 16:52

Men's 100m
Semi Final Heat 2/2 Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	9.91	Letsile TEBOGO	BOT	2 Aug 2022
Asia U20	9.94	Puripol BOONSON	THA	11 Dec 2025
Meet Record	10.15	ZENG Keli	CHN	25 Apr 2024
HK U20	10.37	KWOK Chun Ting	HKG	12 Apr 2025

Wind: +0.9 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	113	Hongyu Dai	CHN	5 Feb 2008	6	0.151	10.23Q	PB
2	524	Chutithat Pruksorranan	THA	24 Aug 2007	5	0.139	10.32Q	PB
3	197	Yat Lok Chan	HKG	6 Jan 2007	7	0.119	10.34Q	HK U20 PB
4	379	Danish Iftikhar Muhammad Roslee	MAS	25 Mar 2007	4	0.141	10.38q	SB
5	141	Chia-le Lin	TPE	3 Apr 2008	3	0.131	10.48q	SB
6	448	Faisal Hassan Alasmari	KSA	22 May 2008	8	0.134	10.57	PB
7	410	Ahamed Qais Moosa Khamis Al Jabri Al Jabri	OMA	5 Jan 2008	2	0.155	10.72	
8	481	Qiyue Wang	SGP	12 Aug 2009	9	0.139	10.77	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
HK U20 HK U20 Q Qualified by place in Track Events q Qualified by time in Track Events PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 17:05

Men's 3000m Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	7:28.19	Yomif?KEJELCHA	ETH	27 Aug 2016
Asia U20	7:47.65	Aadam Ismaeel KHAMIS	BRN	22 Jun 2006
HK U20	8:41.02	HIDEO HARRY LOASBY	HKG	27 Mar 2015

Rank	Bib	Name	C/R	DoB	Order	Result	
1	434	Mubarik Abdi Said	QAT	2 May 2008	9	7:56.08	PB
2	150	Tzu-chieh Chien	TPE	5 Apr 2007	8	8:00.42	PB
3	284	Yota Mashiko	JPN	3 Aug 2007	6	8:00.86	
4	240	Vikas Kumar	IND	15 Jan 2008	2	8:24.88	PB
5	139	Cheng-yu Wang	TPE	18 Aug 2009	3	8:25.90	PB
6	505	Vidushan Periyana Rajendran	SRI	28 Jan 2007	7	8:42.13	
7	570	Bekhruz Shavkatov	UZB	18 Oct 2007	5	8:44.91	
8	585	Timur Nasimov	UZB	2 Apr 2008	10	8:54.90	
9	234	Sandeep Yadav	IND	27 Aug 2007	11	9:07.42	
10	193	Tak Chak Chung	HKG	22 Mar 2007	1	9:10.50	
11	175	Ho Chun Au	HKG	24 Aug 2009	12	9:52.85	
	188	Nok Wang Wang	HKG	30 Mar 2008	4	DNF	

Legend:
PB Personal Best DNF Did Not Finish



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 17:50

Men's 400m H Round 1 Heat 1/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	47.34	Roshawn CLARKE	JAM	21 Aug 2023
Asia U20	48.59	Hayato SHIMODA	JPN	21 Sep 2024
Meet Record	50.43	Ibrahim AL HAMAI	KSA	14 Jun 2004
HK U20	52.65	CHUNG Long Hei Cyrus	HKG	28 Sep 2025

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	425	Faycal Mahamat Abdallah	QAT	19 Jan 2007	5	0.163	50.91Q	PB
2	501	Shavindu Nimasha Dias Maha Marakkala	SRI	2 Apr 2008	9	0.157	51.72Q	PB
3	460	Naif Rashid A Alsubaie	KSA	28 Jun 2007	6	0.225	52.22	
4	311	Kirill Savchenko	KAZ	22 Jan 2008	8	0.168	52.54	PB
5	166	Cheuk Hei Isaac Cheung	HKG	15 Feb 2009	3	0.147	53.39	PB
6	369	Iat Hin Huang	MAC	11 Aug 2009	7	0.153	54.44	PB
7	586	Zayniddin Ravshanov	UZB	19 Jan 2008	4	0.192	55.03	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best





22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 17:59

Men's 400m H Round 1 Heat 2/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	47.34	Roshawn CLARKE	JAM	21 Aug 2023
Asia U20	48.59	Hayato SHIMODA	JPN	21 Sep 2024
Meet Record	50.43	Ibrahim AL HAMAI	KSA	14 Jun 2004
HK U20	52.65	CHUNG Long Hei Cyrus	HKG	28 Sep 2025

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	420	Abakar Idriss Djibrine	QAT	2 Nov 2008	9	0.174	51.62Q	PB
2	279	Shunta Ieiri	JPN	17 Apr 2007	2	0.172	51.76Q	SB
3	212	Amit Kumar	IND	14 Jan 2007	5	0.157	51.78	PB
4	149	Sin-you Tsai	TPE	19 Dec 2008	7	0.169	52.86	
5	315	Niyattulla Aibol	KAZ	22 Feb 2007	8	0.215	54.06	
6	185	Long Hei Cyrus Chung	HKG	24 Dec 2007	3	0.174	55.27	
7	293	Ammar Yaser Mahmoud Abu Sheikha	JOR	25 Oct 2008	4	0.223	56.31	
8	398	Mungunkhuyag Burentogtokh	MGL	15 Jun 2007	6	0.158	59.16	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
Q Qualified by place in Track Events PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 18:08

Men's 400m H Round 1 Heat 3/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	47.34	Roshawn CLARKE	JAM	21 Aug 2023
Asia U20	48.59	Hayato SHIMODA	JPN	21 Sep 2024
Meet Record	50.43	Ibrahim AL HAMAI	KSA	14 Jun 2004
HK U20	52.65	CHUNG Long Hei Cyrus	HKG	28 Sep 2025

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	280	Taiju Goto	JPN	5 May 2009	3	0.145	50.80Q
2	217	Jashanpreet Singh Jashanpreet Singh	IND	10 Jan 2008	4	0.175	52.50Q
3	494	Kalpadith Hansaja Uyanwaththa	SRI	28 Jan 2007	8	0.216	52.86 =PB
4	468	Daryen Xin Tze Ko	SGP	12 Jan 2009	7	0.173	52.89 PB
5	190	Pak Hin Issac Tong	HKG	10 Jan 2008	9	0.159	55.22
6	515	Sharafullo Abulfayzov	TJK	25 Jul 2007	5	0.133	59.98
	154	Yi-xuan Chen	TPE	12 Oct 2007	6	0.170	DNF

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
Q Qualified by place in Track Events PB Personal Best DNF Did Not Finish



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 19:17

Men's 400m Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Point Tot.Pts
1	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	4	0.187	49.29	848 3539
2	304	Askar Omirzak	KAZ	17 Sep 2008	5	0.195	49.79	824 3511
3	228	Rahul Jakhar	IND	11 Sep 2008	2	0.157	50.25	803 3902
4	274	Kotaro Ihara	JPN	2 Jan 2007	3	0.147	50.66	784 3521
5	140	Cheng-yu Wu	TPE	25 May 2008	7	0.167	51.57	744 3534
6	238	Upkar Upkar	IND	16 Jun 2007	6	0.155	51.95	727 3518
7	572	Jakhongir Juraboev	UZB	9 Jan 2008	9	0.128	52.20	716 3501
8	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	8	0.159	55.89	564 3522
9	191	Pak Ki Wong	HKG	21 Mar 2009	1	0.188	57.81	491 1987



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 10:40

Men's 400m
Round 1 Heat 1/4 Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HKG All Comers	45.94	CHEN Zhisheng	CHN	27 Sep 2025
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	437	Youssef Abdelaziz Djibrine	QAT	20 Jun 2007	6	0.168	46.57Q
2	283	Yohei Ozawa	JPN	31 Jul 2007	9	0.146	46.74Q
3	557	Saeed Shoaib Omar	UAE	9 Sep 2009	4	0.149	47.59Q
4	126	Xinlong Xu	CHN	14 Mar 2007	8	0.173	47.64
5	479	Lucas Bokai Hood	SGP	16 Aug 2007	7	0.173	49.14
6	182	Kwok Man Wong	HKG	19 Feb 2010	5	0.146	49.42
7	398	Mungunkhuyag Burentogtokh	MGL	15 Jun 2007	3	0.167	51.17

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:
Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 10:48

Men's 400m
Round 1 Heat 2/4 Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HKG All Comers	45.94	CHEN Zhisheng	CHN	27 Sep 2025
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	498	Omel Shashintha Silva Jayathungalage	SRI	10 Dec 2007	9	0.167	46.15Q
2	221	Mohammed Ashfaq	IND	26 Jun 2007	3	0.181	46.69Q
3	125	Weixin Ye	CHN	7 Sep 2007	5	0.171	46.89Q
4	198	Yau Nam Huang	HKG	29 Nov 2008	8	0.146	47.75
5	316	Nurzhan Seidрахman	KAZ	4 Dec 2007	6	0.160	49.20
6	474	Henry Shuheng Zhao	SGP	31 Aug 2008	4	0.173	49.62
7	514	Mullosafar Abubakr	TJK	10 Dec 2008	7	0.189	50.57

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:
Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 10:56

Men's 400m Round 1 Heat 3/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HKG All Comers	45.94	CHEN Zhisheng	CHN	27 Sep 2025
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	499	Sadew Wimansa Rajakaruna Senarath Mudiyansele	SRI	2 May 2007	6	0.188	46.10Q
2	429	Khala Ngare Mahamat	QAT	5 Jun 2007	8	0.199	46.13Q
3	525	Khunaphat Kaijan	THA	23 Sep 2007	9	0.136	46.28Q
4	158	Zong-han Lyu	TPE	13 Sep 2007	7	0.159	47.09q
5	567	Amir Ishankhodjaev	UZB	8 May 2007	4	0.186	49.06
6	178	Ho Yat Isaac Liem	HKG	3 Oct 2008	3	0.152	49.31
7	540	Castro Amaral Belo Trindade	TLS	27 Mar 2010	5	0.175	58.25

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:
Q Qualified by place in Track Events q Qualified by time in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 11:04

Men's 400m
Round 1 Heat 4/4 Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HKG All Comers	45.94	CHEN Zhisheng	CHN	27 Sep 2025
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	558	Suleiman Abdulrahman	UAE	11 Aug 2007	6	0.166	47.28Q
2	529	Sarawut Nuansi	THA	17 Mar 2007	9	0.153	47.62Q
3	227	Piyush Raj Piyush Raj	IND	28 Jan 2007	5	0.150	48.57Q
4	414	Alfred Talplacido	PHI	21 Sep 2007	3	0.202	48.63q
5	319	Ratmir Giniyatulin	KAZ	3 Nov 2007	8	0.153	49.46
6	396	Batzorig Sarantuya	MGL	26 Jun 2007	7	0.167	49.91
7	391	Zu Iz Mohamed Suad	MDV	30 May 2007	4	0.161	51.16

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:
Q Qualified by place in Track Events q Qualified by time in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 19:00

Men's 400m
Semi Final Heat 1/2 Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	437	Youssef Abdelaziz Djibrine	QAT	20 Jun 2007	5	0.156	46.53Q
2	498	Omel Shashintha Silva Jayathungalage	SRI	10 Dec 2007	8	0.152	46.82Q
3	126	Xinlong Xu	CHN	14 Mar 2007	2	0.150	46.92Q
4	283	Yohei Ozawa	JPN	31 Jul 2007	7	0.174	47.04
5	221	Mohammed Ashfaq	IND	26 Jun 2007	6	0.166	47.06
6	557	Saeed Shoaib Omar	UAE	9 Sep 2009	4	0.145	47.10 PB
7	525	Khunaphat Kaijan	THA	23 Sep 2007	9	0.144	47.37
8	198	Yau Nam Huang	HKG	29 Nov 2008	3	0.171	48.23

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
Q Qualified by place in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 19:08

Men's 400m
Semi Final Heat 2/2 Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	558	Suleiman Abdulrahman	UAE	11 Aug 2007	5	0.175	45.32Q	MR PB
2	429	Khala Ngare Mahamat	QAT	5 Jun 2007	6	0.157	45.37Q	MR PB
3	499	Sadew Wimansa Rajakaruna Senarath Mudiyansele	SRI	2 May 2007	8	0.166	46.46Q	
4	125	Weixin Ye	CHN	7 Sep 2007	9	0.157	46.54q	PB
5	529	Sarawut Nuansi	THA	17 Mar 2007	7	0.148	46.93q	
6	158	Zong-han Lyu	TPE	13 Sep 2007	3	0.157	47.68	
7	227	Piyush Raj Piyush Raj	IND	28 Jan 2007	4	0.163	48.18	TR17.3.3[L]
8	414	Alfred Talplacido	PHI	21 Sep 2007	2	0.184	48.46	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
MR Meet Record Q Qualified by place in Track Events q Qualified by time in Track Events PB Personal Best TR17.3.3[L] First lane infringement



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 09:10

Men's Hammer Throw Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	85.57	Ashraf ELSEIFY	QAT	4 Jul 2012
Asia U20	85.57	Ahmed AMJAD AI-SAIFI	KUW	14 Jul 2012
Meet Record	80.85	Ashraf Amgad ELSEIFY	QAT	11 Jun 2012
HKG All Comers	71.25	Hiroaki DOI	JPN	13 Dec 2009
HK U20	47.72	TSE Tat Man	HKG	24 Feb 2018

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result
1	109	Ankang Wang	CHN	3 Apr 2008	70.97	72.73	68.89	72.96	75.07	74.17	75.07
2	421	Abdelrahman Mohamed A M Ibrahim	QAT	4 Aug 2007	68.47	70.21	72.07	71.20	68.45	72.53	72.53
3	265	Andrew Atuobeng	JPN	29 Jan 2007	X	X	66.55	70.64	X	X	70.64
4	576	Mukhammadali Sodikov	UZB	24 Feb 2007	66.97	69.51	X	66.22	68.67	68.25	69.51
5	114	Huang Huang	CHN	20 Jul 2007	X	66.49	69.03	68.54	68.87	X	69.03
6	456	Mohammed Siraj M Alzayer	KSA	21 Sep 2008	65.40	66.45	66.36	67.59	X	64.27	67.59
7	215	Ashuvendra Pratap Singh Ashuvendra Pratap Singh	IND	24 Jun 2007	58.21	64.34	62.48	59.04	X	X	64.34
8	211	Aman Aman	IND	24 Nov 2007	59.91	X	63.40	X	61.05	X	63.40
9	252	Amirreza Ahanin Maram	IRI	20 Sep 2008	X	X	59.93				59.93
10	155	Yu-an Chien	TPE	18 Nov 2007	58.35	57.95	56.50				58.35
11	192	Pak Yin Chow	HKG	17 Sep 2008	49.04	47.78	X				49.04
12	186	Man Hei Li	HKG	2 Aug 2009	46.41	44.90	X				46.41
	144	Lu-pin-jun Lin	TPE	23 Apr 2007	X	X	X				NM
	339	Lee Dohyun	KOR	11 Sep 2007	X	X	X				NM

Legend:
X Failed trail in Field Events NM No valid trail record



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 16:40

Men's High Jump Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	2.37	Dragutin TOPIC	YUG	12 Aug 1990
Asia U20	2.33	ZHU Jianhua	CHN	1 Dec 1982
Meet Record	2.31	Mutaz Essa BARSHIM	QAT	3 Jul 2010
HK U20	2.12	HO Ho Wai	HKG	14 Sep 2025

Rank	Bib	Name	C/R	DoB	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	Result	Point Tot.Pts
					1.81	1.84	1.87	1.90	1.93	1.96	1.99			
1	572	Jakhongir Juraboev	UZB	9 Jan 2008	-	-	-	-	O	O	O	O	1.93	740 2785
					O	O	XO	O	O	XXX				
2	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	-	-	-	-	-	O	O	XO	1.93	740 2958
					O	O	XXO	O	O	XXX				
3	228	Rahul Jakhar	IND	11 Sep 2008	-	-	-	O	-	O	-	O	1.93	740 3099
					O	XXO	XXO	XXO	XO	XXX				
4	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	-	O	-	XO	-	O	O	XO	1.84	661 2691
					O	O	XXX							
5	140	Cheng-yu Wu	TPE	25 May 2008	-	-	-	O	-	O	-	O	1.84	661 2790
					O	XO	XXX							
6	274	Kotaro Ihara	JPN	2 Jan 2007	-	-	-	-	XO	-	XXO	O	1.81	636 2737
					O	XXX								
7	238	Upkar Upkar	IND	16 Jun 2007	-	-	-	XO	O	O	O	O	1.81	636 2791
					XXO	XXX								
8	304	Askar Omirzak	KAZ	17 Sep 2008	O	O	O	O	O	O	XO	XO	1.78	610 2687
					XXX									
	191	Pak Ki Wong	HKG	21 Mar 2009	XXX								NM	1496

Legend:
O Valid trail in High Jump and Pole Vault X Failed trail in Field Events - Passed trail in Field Events NM No valid trail record





22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 09:20

Men's Long Jump Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	8.38	Mattia FURLANI	ITA	8 Jun 2024
Asia U20	8.31	SHI Yuhao	CHN	25 Jun 2017
Meet Record	8.05	WENG Yongfeng	CHN	13 Jul 2008
HKG All Comers	8.16	WANG Cheng	CHN	9 Jul 2000
HK U20	7.89	LIN Mingfu	HKG	2 Mar 2023

Rank	Bib	Name	C/R	DoB	1	2	3	Result Wind	Point Tot.Pts
1	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	X	6.73 -0.8	7.01 -1.0	7.01 -1.0	816 0
2	228	Rahul Jakhar	IND	11 Sep 2008	6.77 +0.5	6.71 +1.1	6.67 +0.1	6.77 +0.5	760 0
3	274	Kotaro Ihara	JPN	2 Jan 2007	6.15 +0.2	6.58 -0.4	6.53 -1.1	6.58 -0.4	716 0
4	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	6.14 -0.6	6.09 +0.9	6.57 -0.8	6.57 -0.8	713 0
5	238	Upkar Upkar	IND	16 Jun 2007	6.49 +0.1	X	6.48 -0.5	6.49 +0.1	695 0
6	140	Cheng-yu Wu	TPE	25 May 2008	6.45 -0.8	6.33 -1.4	X	6.45 -0.8	686 0
7	572	Jakhongir Juraboev	UZB	9 Jan 2008	6.15 -0.8	6.40 0.0	6.18 -2.0	6.40 0.0	675 0
8	304	Askar Omirzak	KAZ	17 Sep 2008	6.09 -1.1	5.88 +0.2	X	6.09 -1.1	606 0
9	191	Pak Ki Wong	HKG	21 Mar 2009	5.48 -1.2	5.53 -0.7	5.76 +0.1	5.76 +0.1	535 0

Legend:
X Failed trail in Field Events YC Yellow Card





22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 10:45

Men's Shot Put Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	23.00	Jacko Gill	NZL	18 Aug 2013
Asia U20	20.63	LI Meng	CHN	21 Oct 2011
Meet Record	20.29	Khalid Habash AL SUWAIDI	QAT	1 Oct 2002
HKG All Comers	20.41	ZHANG Jun	CHN	11 Dec 2009
HK U20	15.40	SIT Wai Lok	HKG	18 May 2019

Rank	Bib	Name	C/R	DoB	1	2	3	Result	Point Tot.Pts
1	228	Rahul Jakhar	IND	11 Sep 2008	13.04	12.91	X	13.04	670 1689
2	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	12.25	12.63	12.19	12.63	645 1573
3	140	Cheng-yu Wu	TPE	25 May 2008	12.02	12.44	11.38	12.44	633 1496
4	304	Askar Omirzak	KAZ	17 Sep 2008	10.64	11.80	12.33	12.33	626 1451
5	572	Jakhongir Juraboev	UZB	9 Jan 2008	11.37	12.32	X	12.32	626 1419
6	238	Upkar Upkar	IND	16 Jun 2007	12.14	12.05	11.27	12.14	615 1540
7	274	Kotaro Ihara	JPN	2 Jan 2007	9.68	11.20	X	11.20	558 1543
8	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	10.04	10.10	9.94	10.10	492 1538
9	191	Pak Ki Wong	HKG	21 Mar 2009	5.07	5.29	4.70	5.29	208 1288

Legend:
X Failed trail in Field Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 17:30

Men's Shot Put Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	23.00	Jacko Gill	NZL	18 Aug 2013
Asia U20	20.63	LI Meng	CHN	21 Oct 2011
Meet Record	20.29	Khalid Habash AL SUWAIDI	QAT	1 Oct 2002
HK U20	15.40	SIT Wai Lok	HKG	18 May 2019

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result
1	340	Park Sihoon	KOR	20 Feb 2007	19.74	19.98	20.65	20.22	X	X	20.65 AU20 PB
2	111	Chenqi Wu	CHN	26 Jan 2007	18.75	18.57	18.70	X	18.64	X	18.75 PB
3	461	Zayed Essam Z Albishi	KSA	27 Mar 2008	17.28	16.93	X	17.41	18.03	15.62	18.03 PB
4	281	Takara Ogaki	JPN	1 Sep 2008	17.02	16.73	16.44	17.24	17.36	X	17.36
5	469	Ding Rong Anson Loh	SGP	28 Apr 2008	17.02	17.21	X	16.25	17.04	17.29	17.29 PB
6	435	Saleh Adoum Mahamoud	QAT	11 Jun 2008	16.25	16.64	17.16	17.01	16.51	17.22	17.22
7	256	Kiyarash Kaboli	IRI	22 Aug 2008	16.53	16.63	16.92	X	X	17.22	17.22 PB
8	564	Abduazim Rakhmatulloev	UZB	22 Apr 2007	16.78	X	X	16.68	X	16.54	16.78
9	312	Konstantin Uteshev	KAZ	8 Feb 2007	16.46	16.62	15.52				16.62
10	322	Vadim Pessotskiy	KAZ	2 Jan 2008	15.74	16.02	15.87				16.02 PB
11	180	Kin Ming Wong	HKG	9 Jun 2007	14.38	14.42	14.22				14.42
12	291	Abdullah Jamal Mohammad Oweis	JOR	5 Jul 2007	13.29	13.55	X				13.55
13	539	Carlos Soares De Oliveira	TLS	25 Aug 2009	10.83	10.95	10.42				10.95
	152	Yi-hua Chen	TPE	28 Dec 2007	X	X	X				NM

Legend:
AU20 Asia U20 PB Personal Best X Failed trail in Field Events NM No valid trail record



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 19:40

Women's 100m Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	10.88	Marlies OELSNER	GDR	1 Jul 1977
Asia U20	11.10	CHEN Yujie	CHN	17 Nov 2025
Meet Record	11.32	CHEN Yujie	CHN	25 Apr 2024
HK U20	11.79	YU Pui Yi	HKG	10 May 2026

Wind: +0.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	814	Dana Noor Salem	QAT	7 Oct 2009	6	0.140	11.47	=PB
2	616	Xinxuan Chen	CHN	2 Jan 2009	4	0.140	11.54	
3	693	Nipam Nipam	IND	20 Jun 2007	5	0.159	11.62	
4	636	Pei-rong Zhan	TPE	24 Oct 2007	9	0.188	11.86	PB
5	879	Arwa Ashar Ali	UAE	30 Nov 2009	7	0.158	11.92	
6	660	Pui Yi Yu	HKG	15 Feb 2007	8	0.147	11.93	
7	668	Wan Chi Wong	HKG	24 Mar 2007	2	0.162	11.95	
8	881	Laila Safeenah Ahmed	UAE	28 Sep 2009	3	0.176	11.99	

Legend:
PB Personal Best



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 09:15

Women's 100m Round 1 Heat 1/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	10.88	Marlies OELSNER	GDR	1 Jul 1977
Asia U20	11.10	CHEN Yujie	CHN	17 Nov 2025
Meet Record	11.32	CHEN Yujie	CHN	25 Apr 2024
HKG All Comers	11.19	YAN Jian Kui	CHN	20 Apr 1998
HK U20	11.79	YU Pui Yi	HKG	10 May 2026

Wind: +0.4 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	693	Nipam Nipam	IND	20 Jun 2007	5	0.183	11.82Q
2	660	Pui Yi Yu	HKG	15 Feb 2007	3	0.153	11.89Q
3	636	Pei-rong Zhan	TPE	24 Oct 2007	2	0.151	11.90
4	790	Izzatul Musfirah Ahmad Kamal Azira	MAS	23 Feb 2008	6	0.174	11.95
5	795	Ziva Moosa Shafeeu	MDV	10 Jun 2007	7	0.170	12.29
6	821	Chloe Sarahena Hui En Tan	SGP	21 Oct 2008	4	0.215	12.35
7	858	Natthanicha Kaew-ana	THA	17 Mar 2008	8	0.194	12.36

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 09:22

Women's 100m Round 1 Heat 2/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	10.88	Marlies OELSNER	GDR	1 Jul 1977
Asia U20	11.10	CHEN Yujie	CHN	17 Nov 2025
Meet Record	11.32	CHEN Yujie	CHN	25 Apr 2024
HKG All Comers	11.19	YAN Jian Kui	CHN	20 Apr 1998
HK U20	11.79	YU Pui Yi	HKG	10 May 2026

Wind: +0.3 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	616	Xinxuan Chen	CHN	2 Jan 2009	3	0.135	11.48Q
2	879	Arwa Ashar Ali	UAE	30 Nov 2009	5	0.142	11.74Q
3	668	Wan Chi Wong	HKG	24 Mar 2007	4	0.154	11.95
4	639	Yi-han Su	TPE	10 Mar 2010	6	0.138	12.00
5	794	Ahnaa Nizaar	MDV	25 Jun 2007	9	0.162	12.27
6	893	Karina Karimova	UZB	9 Sep 2008	7	0.158	12.99
7	786	Jenjila Khounlivong	LAO	9 Nov 2007	8	0.174	14.15
8	867	Chelsia Bolo Soares Da Cruz	TLS	1 Feb 2009	2	0.220	14.25

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 09:29

Women's 100m Round 1 Heat 3/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	10.88	Marlies OELSNER	GDR	1 Jul 1977
Asia U20	11.10	CHEN Yujie	CHN	17 Nov 2025
Meet Record	11.32	CHEN Yujie	CHN	25 Apr 2024
HKG All Comers	11.19	YAN Jian Kui	CHN	20 Apr 1998
HK U20	11.79	YU Pui Yi	HKG	10 May 2026

Wind: +1.4 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	814	Dana Noor Salem	QAT	7 Oct 2009	4	0.159	11.47Q
2	881	Laila Safeenah Ahmed	UAE	28 Sep 2009	8	0.158	11.78Q
3	760	Yuliya Dyomkina	KAZ	18 Jul 2010	3	0.130	11.99
4	672	Wing Tung Wong	HKG	23 Mar 2009	6	0.143	12.06
5	612	Qian Zhang	CHN	13 Aug 2008	7	0.151	12.10
6	852	Chanthell Mauricette	THA	14 Jul 2008	5	0.131	12.11
7	830	Ying Tong, Shannon Tan	SGP	20 Nov 2009	9	0.139	12.75
8	799	Anuska Adhikari	NEP	13 Sep 2009	2	0.141	13.25

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 18:30

Women's 1500m Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	3:51.34	Yinglai LANG	CHN	18 Oct 1997
Asia U20	3:51.34	LANG Yinglai	CHN	18 Oct 1997
Meet Record	4:11.89	QU Yunxia	CHN	14 Jun 1990
HK U20	4:26.95	CHAN Man Yee Maggie	HKG	28 Aug 1994

Rank	Bib	Name	C/R	DoB	Order	Result	
1	841	Tharushi Abhisheka Pemasiri Mahadura Gedara	SRI	30 Oct 2008	2	4:31.41	
2	706	Maryam Ahmadi Baloutaki	IRI	30 Oct 2007	10	4:33.35	PB
3	775	Song Dawon	KOR	2 Aug 2008	9	4:35.42	
4	758	Viktoriya Melnikova	KAZ	31 Jan 2010	1	4:42.14	
5	889	Dilnoza Hoshimova	UZB	11 Dec 2007	8	4:48.49	
6	822	Hsin-wen Clara Chua	SGP	23 Apr 2007	11	4:50.60	
7	737	Noora Shihab Ahmad Kuran	JOR	3 Aug 2007	3	4:51.54	
8	800	Narayeni Bhandari	NEP	21 Dec 2007	5	4:51.57	PB
9	676	Yuet Hei Ng	HKG	28 Oct 2010	7	4:52.18	PB
10	825	Manuela Sidhom	SGP	25 Jun 2008	4	4:55.75	
11	896	Marjona Saydullaeva	UZB	15 Jun 2008	6	5:06.66	

Legend:
PB Personal Best



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 10:15

Women's 400m
Round 1 Heat 1/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	49.42	Grit BREUER	GER	27 Aug 1991
Asia U20	49.88	Salwa Eid NASSER	BRN	1 Sep 2017
Meet Record	52.66	TANG Xiaoyin	CHN	13 Jun 2004
HKG All Comers	53.25	HUANG Xiaoxiao	CHN	30 May 2009
HK U20	55.32	CHOW Chi Kiu	HKG	9 May 2026

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	878	Aminat Kamarudeen	UAE	29 Aug 2007	7	0.183	54.10Q
2	699	Tahura Khatun	IND	6 Mar 2007	5	0.180	55.06Q
3	755	Sofya Kidenko	KAZ	18 Jan 2007	6	0.218	55.47
4	914	Le Thi Diem Hang	VIE	14 May 2007	4	0.149	56.27
5	621	Yuqian Tian	CHN	13 Apr 2007	2	0.204	56.30
6	840	Ronalee Malithi Anne Pieris Dajahetti Muhamderamge	SRI	4 May 2008	8	0.194	56.77
7	653	Jane Christa Ming Suet Karlsson	HKG	2 Jun 2007	9	0.160	57.45
	891	Gulhayo Chullieva	UZB	19 Aug 2007	3	0.247	DNF

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events DNF Did Not Finish



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 10:23

Women's 400m
Round 1 Heat 2/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	49.42	Grit BREUER	GER	27 Aug 1991
Asia U20	49.88	Salwa Eid NASSER	BRN	1 Sep 2017
Meet Record	52.66	TANG Xiaoyin	CHN	13 Jun 2004
HKG All Comers	53.25	HUANG Xiaoxiao	CHN	30 May 2009
HK U20	55.32	CHOW Chi Kiu	HKG	9 May 2026

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	877	Aisha Traiq Muhammad	UAE	13 May 2009	4	0.160	54.14Q
2	632	Chen-yu Liu	TPE	1 Jan 2007	5	0.168	54.58Q
3	753	Milana Zubareva	KAZ	22 May 2007	8	0.200	56.17
4	605	Jinyi Wang	CHN	19 Aug 2007	6	0.189	56.18
5	647	Chi Kiu Chow	HKG	7 May 2007	7	0.184	56.90
6	854	Montida Thongprachukaew	THA	26 Sep 2007	9	0.186	57.41
7	848	Diana Abdulloeva	TJK	4 Jan 2007	3	0.240	58.30
8	801	Sangita B K	NEP	12 Jan 2007	2	0.167	59.61

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 10:31

Women's 400m
Round 1 Heat 3/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	49.42	Grit BREUER	GER	27 Aug 1991
Asia U20	49.88	Salwa Eid NASSER	BRN	1 Sep 2017
Meet Record	52.66	TANG Xiaoyin	CHN	13 Jun 2004
HKG All Comers	53.25	HUANG Xiaoxiao	CHN	30 May 2009
HK U20	55.32	CHOW Chi Kiu	HKG	9 May 2026

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	692	Neeru Pathak	IND	27 Jan 2007	7	0.168	54.42Q
2	638	Yi-cen Chen	TPE	5 Jun 2010	2	0.147	54.80Q
3	807	Jeralyn Rodriguez	PHI	17 May 2007	8	0.270	55.36q
4	766	Choi Jiwoo	KOR	2 Feb 2009	4	0.163	56.34
5	728	Saki Imamine	JPN	2 Mar 2008	5	0.181	56.50
6	904	Surayyo Zaripova	UZB	21 Jan 2007	9	0.227	57.00
7	666	Tsz Yan Cheng	HKG	25 Sep 2010	3	0.145	57.89
8	853	Jirawadee Watphet	THA	12 Apr 2008	6	0.175	57.98

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
Q Qualified by place in Track Events q Qualified by time in Track Events



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 08:40

Women's 5000m Race Walk Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

Asia U20	20:37.70	JIN Bingjie	CHN	3 Mar 1990
Meet Record	21:45.24	WANG Yuntao	CHN	1 Nov 1997
HKG All Comers	25:31.74	LO Po Man	HKG	1 Jun 2008
HK U20	30:37.24	LEE Shan	HKG	7 Jul 2007

Rank	Bib	Name	C/R	DoB	Order	Result	
1	624	Yuyao Sun	CHN	26 Oct 2010	1	23:42.10	HK AC
2	772	Kwon Seorhin	KOR	28 Jan 2009	3	23:48.20	HK AC ~09:03
3	607	Lijia Tang	CHN	6 Oct 2008	5	24:28.04	HK AC
4	718	Kano Okada	JPN	26 Jan 2007	7	24:42.67	HK AC ~08:48
5	749	Margarita Storozhenko	KAZ	5 Jan 2008	6	24:54.95	HK AC ~08:59 >08:58 ~09:01
6	637	Ruei-yi Lin	TPE	30 Oct 2007	4	25:15.45	HK AC
7	808	Sep Blessee Placido	PHI	22 Sep 2007	2	26:39.63	

Legend:
 HK AC HKG All Comers > Bent Knee(Race Walking) ~ Loss of Contact(Race Walking)





22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 16:30

Women's Hammer Throw Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	77.24	Jiale ZHANG	CHN	2 Aug 2025
Asia U20	77.24	ZHANG Jiale	CHN	2 Aug 2025
Meet Record	66.10	ZHANG Wenxiu	CHN	28 Oct 2002
HK U20	48.07	TAM Hiu Ki	HKG	24 Sep 2016

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result
1	603	Jiajun Chen	CHN	1 Feb 2008	65.24	65.46	62.39	X	63.35	64.44	65.46
2	776	Yang Chaemin	KOR	21 Oct 2007	57.29	X	57.62	X	X	X	57.62
3	883	Salma Haitham Rashid Saeed Almarri	UAE	10 Sep 2008	51.31	55.42	X	X	54.70	55.02	55.42 PB
4	613	Shifan Xiao	CHN	27 Oct 2008	48.07	X	52.19	54.73	X	X	54.73
5	730	Yu Hasegawa	JPN	13 Mar 2008	47.43	X	50.83	X	51.32	51.75	51.75
6	892	Guzal Makhmudova	UZB	15 Apr 2008	41.63	46.78	X	46.21	43.23	X	46.78 PB
7	671	Wing Lam Venus Lo	HKG	25 Sep 2008	41.25	41.29	41.81	39.90	r		41.81 PB

Legend:
PB Personal Best X Failed trail in Field Events r Retired from Competition

