

22nd Asian U20 Athletics Championships Day Four (31 May 2026) Afternoon Call Time

	Start of Call at JSC	End of Call at JSC	Arrive at KTSG Time	Final Call at KTSG	Leaving Call Room	22nd Asian U20 Athletics Championships (Hong Kong, China) Daily Programme			
						Start Time	Day Four: 31 May 2026 Afternoon		
Warm Up at JSC	15:20	15:30	15:45	15:50	16:00	16:30	Long Jump	W	Final
Warm Up at JSC	15:20	15:30	15:45	15:50	16:00	16:35	Javelin Throw	M	Final
KTSG	---	---	---	16:45	16:55	17:05	800 m	W	Heptathlon
Warm Up at JSC	16:25	16:35	16:50	16:55	17:05	17:15	800 m	W	Final
Warm Up at JSC	16:35	16:45	17:00	17:05	17:15	17:25	800 m	M	Final
Warm Up at JSC	16:35	16:50	17:05	17:10	17:25	17:35	4 x 100 m	W	Final
Warm Up at JSC	16:50	17:05	17:20	17:25	17:40	17:50	4 x 100 m	M	Final
Warm Up at JSC	17:05	17:20	17:35	17:40	17:55	18:05	4 x 400 m	W	Final
Warm Up at JSC	17:15	17:30	17:45	17:50	18:05	18:15	4 x 400 m	M	Final