



22nd Asian U20 Athletics Championships



Friday

29 May 2026

Men's 110m H Decathlon

START TIME 08:30

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	12.72	Sasha ZHOYA	FRA	21 Aug 2021
Asia U20	12.96	CHEN Yuanjiang	CHN	24 Jun 2025
Meet Record	13.24	Oumar Doudai ABAKAR	QAT	26 Apr 2024
HK U20	13.39	LIU Hiu Long	HKG	4 Nov 2023

Wind: -1.8 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Point Tot.Pts
1	228	Rahul Jakhar	IND	11 Sep 2008	6	0.170	14.56	903 4805
2	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	1	0.160	14.67	890 4429
3	304	Askar Omirzak	KAZ	17 Sep 2008	4	0.136	14.75	880 4391
4	140	Cheng-yu Wu	TPE	25 May 2008	5	0.177	15.04	845 4379
5	572	Jakhongir Juraboev	UZB	9 Jan 2008	9	0.142	15.07	841 4342
6	238	Upkar Upkar	IND	16 Jun 2007	3	0.164	15.50	790 4308
7	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	7	0.162	15.69	768 4290
8	274	Kotaro Ihara	JPN	2 Jan 2007	8	0.142	15.73	763 4284
9	191	Pak Ki Wong	HKG	21 Mar 2009	2	0.154	16.31	698 2685



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 17:55

Men's 110m H

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	12.72	Sasha ZHOYA	FRA	21 Aug 2021
Asia U20	12.96	CHEN Yuanjiang	CHN	24 Jun 2025
Meet Record	13.24	Oumar Doudai ABAKAR	QAT	26 Apr 2024
HK U20	13.39	LIU Hiu Long	HKG	4 Nov 2023

Wind: -0.5 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	271	Jeremy Koga	JPN	21 May 2007	6	0.160	13.05	MR PB
2	273	Koki Takajo	JPN	22 Jul 2008	4	0.122	13.24	
3	154	Yi-xuan Chen	TPE	12 Oct 2007	5	0.117	13.46	
4	450	Hassan Essa B Haqawi	KSA	27 Jul 2008	7	0.167	13.57	PB
5	306	Bogdan Goncharov	KAZ	18 Jun 2007	2	0.141	13.75	PB
6	156	Yu-ci Wang	TPE	14 Mar 2008	8	0.158	13.77	
7	219	Kiran Kunchan	IND	21 Jan 2007	3	0.164	13.81	
8	196	Wai Kwan Leung	HKG	26 Jan 2008	9	0.164	14.23	

Legend:

MR Meet Record PB Personal Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 11:25

Men's 110m H Round 1 Heat 1/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	12.72	Sasha ZHOYA	FRA	21 Aug 2021
Asia U20	12.96	CHEN Yuanjiang	CHN	24 Jun 2025
Meet Record	13.24	Oumar Doudai ABAKAR	QAT	26 Apr 2024
HK U20	13.39	LIU Hiu Long	HKG	4 Nov 2023

Wind: +0.9 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	273	Koki Takajo	JPN	22 Jul 2008	2	0.129	13.31Q	
2	154	Yi-xuan Chen	TPE	12 Oct 2007	6	0.125	13.32Q	PB
3	219	Kiran Kunchan	IND	21 Jan 2007	5	0.150	13.70Q	SB
4	196	Wai Kwan Leung	HKG	26 Jan 2008	9	0.128	13.83	PB
5	306	Bogdan Goncharov	KAZ	18 Jun 2007	4	0.141	13.89	PB
6	430	Mahamat Abakar Hissein	QAT	28 Feb 2008	3	0.170	14.02	PB
7	475	Je-an Garrett Chua	SGP	28 Feb 2008	7	0.160	14.06	PB
	130	Zihan Yan	CHN	25 Jan 2007	8	0.129	DNF	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best SB Season Best DNF Did Not Finish



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 11:33

Men's 110m H Round 1 Heat 2/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	12.72	Sasha ZHOYA	FRA	21 Aug 2021
Asia U20	12.96	CHEN Yuanjiang	CHN	24 Jun 2025
Meet Record	13.24	Oumar Doudai ABAKAR	QAT	26 Apr 2024
HK U20	13.39	LIU Hiu Long	HKG	4 Nov 2023

Wind: -0.3 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	271	Jeremy Koga	JPN	21 May 2007	6	0.143	13.49Q	
2	450	Hassan Essa B Haqawi	KSA	27 Jul 2008	1	0.138	13.59Q	PB
3	156	Yu-ci Wang	TPE	14 Mar 2008	3	0.141	13.76Q	
4	117	Jinkang Liang	CHN	27 Sep 2007	4	0.139	14.13	PB
5	176	Ho Lun Chong	HKG	4 Nov 2008	2	0.161	14.16	
6	246	Sean Putra Susilo	INA	18 Dec 2008	8	0.152	14.22	PB
7	495	Kaveesha Dilshan Kulathunga Kulathunga Mudiyansele	SRI	26 Sep 2007	9	0.152	14.25	
8	200	Yue Kiu Ng	HKG	5 Mar 2008	7	0.184	14.28	
9	586	Zayniddin Ravshanov	UZB	19 Jan 2008	5	0.165	14.53	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 18:40

Men's 1500m Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	3:27.72	Phanuel Kipkosgei?KOECH	KEN	20 Jun 2025
Asia U20	3:31.49	Bilal Mansour ALI	BRN	2 Jul 2007
Meet Record	3:39.85	Hamza DRIOUCH	QAT	10 Jun 2012
HK U20	3:57.37	WANG Nok Wang	HKG	9 Sep 2025

Rank	Bib	Name	C/R	DoB	Order	Result	Point Tot.Pts	Remark
1	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	7	4:31.90	732 6469	
2	304	Askar Omirzak	KAZ	17 Sep 2008	3	4:42.56	664 6774	
3	140	Cheng-yu Wu	TPE	25 May 2008	4	4:45.72	645 6665	
4	238	Upkar Upkar	IND	16 Jun 2007	2	4:51.16	612 6854	
5	274	Kotaro Ihara	JPN	2 Jan 2007	5	4:53.87	596 6569	
6	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	6	5:07.80	516 6462	
7	228	Rahul Jakhar	IND	11 Sep 2008	1	5:10.73	500 7185	
8	191	Pak Ki Wong	HKG	21 Mar 2009	8	5:55.27	284 3167	



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:35

Men's 200m

Round 1 Heat 1/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	19.69	Erriyon KNIGHTON	USA	26 Jun 2022
Asia U20	20.07	Puripol BOONSON	THA	13 Dec 2025
Meet Record	20.63	Mohammad Hossein ABAREGHI	IRN	14 Jun 2014
HK U20	20.91	LEUNG Ching Hang Wesley	HKG	28 Sep 2025

Wind: -0.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	473	Harry Irfan Curran	SGP	31 Jan 2008	3	0.130	21.23Q (21.224)	PB
2	334	Jun Chaemin	KOR	11 May 2008	5	0.163	21.23Q (21.229)	SB
3	165	Cheuk Fung Jasper Koo	HKG	12 May 2008	6	0.167	21.36Q	
4	448	Faisal Hassan Alasmari	KSA	22 May 2008	8	0.160	21.39	PB
5	138	Cheng-kuei Hsieh	TPE	19 Nov 2007	9	0.174	21.41	
6	410	Ahamed Qais Moosa Khamis Al Jabri Al Jabri	OMA	5 Jan 2008	7	0.175	22.13	
7	396	Batzorig Sarantuya	MGL	26 Jun 2007	4	0.148	22.58	PB

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events PB Personal Best SB Season Best



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Friday

29 May 2026

START TIME 10:42

Men's 200m

Round 1 Heat 2/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	19.69	Erriyon KNIGHTON	USA	26 Jun 2022
Asia U20	20.07	Puripol BOONSON	THA	13 Dec 2025
Meet Record	20.63	Mohammad Hossein ABAREGHI	IRN	14 Jun 2014
HK U20	20.91	LEUNG Ching Hang Wesley	HKG	28 Sep 2025

Wind: +0.7 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	499	Sadew Wimansa Rajakaruna Senarath Mudiyansele	SRI	2 May 2007	9	0.163	20.98Q	PB
2	372	Lok Io Leong	MAC	24 Jan 2008	6	0.157	21.14Q	PB
3	169	Ching Hang Wesley Leung	HKG	11 Jan 2007	3	0.134	21.18Q	
4	142	Chih-hsiang Chung	TPE	18 Nov 2007	7	0.126	21.24	PB
5	383	Muhammad Sayyid Amin Roslan	MAS	18 Jan 2007	5	0.145	21.28	PB
6	533	Wirayut Daenkhanob	THA	29 Jan 2007	4	0.185	21.63	SB
7	512	Mahdi Aktamzoda	TJK	25 Dec 2008	2	0.173	23.18	
8	397	Enkhjavkhlan Enkhbold	MGL	22 Jun 2008	8	0.143	24.41	

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:49

Men's 200m

Round 1 Heat 3/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	19.69	Erriyon KNIGHTON	USA	26 Jun 2022
Asia U20	20.07	Puripol BOONSON	THA	13 Dec 2025
Meet Record	20.63	Mohammad Hossein ABAREGHI	IRN	14 Jun 2014
HK U20	20.91	LEUNG Ching Hang Wesley	HKG	28 Sep 2025

Wind: -0.4 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	118	Jinxin Chen	CHN	13 Nov 2007	7	0.177	20.92Q	PB
2	498	Omel Shashintha Silva Jayathungalage	SRI	10 Dec 2007	6	0.146	21.07Q	
3	379	Danish Iftikhar Muhammad Roslee	MAS	25 Mar 2007	3	0.152	21.35Q	
4	528	Phattarakorn Insaeng	THA	8 Dec 2008	8	0.171	21.57	PB
5	172	Chun Yin Cheung	HKG	27 Aug 2007	4	0.199	21.63	
6	511	Boburjon Azimov	TJK	14 Dec 2008	5	0.233	22.16	PB
	233	Rudra Sachin Shinde	IND	14 Mar 2007	9		DQ	TR16.8

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:

Q Qualified by place in Track Events PB Personal Best DQ Disqualified TR16.8 False start



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:56

Men's 200m

Round 1 Heat 4/4

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	19.69	Erriyon KNIGHTON	USA	26 Jun 2022
Asia U20	20.07	Puripol BOONSON	THA	13 Dec 2025
Meet Record	20.63	Mohammad Hossein ABAREGHI	IRN	14 Jun 2014
HK U20	20.91	LEUNG Ching Hang Wesley	HKG	28 Sep 2025

Wind: +0.8 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	555	Abdul Quddus Ahmed Ali	UAE	21 Aug 2008	3	0.166	20.87Q	PB
2	335	Kim Dongjin	KOR	9 Feb 2007	8	0.145	20.96Q	PB
3	268	Chisei Tomono	JPN	28 Sep 2008	6	0.144	21.00Q	
4	124	Sihao Yu	CHN	21 Apr 2007	9	0.181	21.15q	PB
5	476	Jonathan Philip Hoare	SGP	12 Jan 2009	7	0.138	21.65	PB
6	567	Amir Ishankhodjaev	UZB	8 May 2007	5	0.168	21.89	
7	292	Ahmad Basil Turki Ibrahim	JOR	22 May 2008	4	0.210	22.36	

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

Legend:
 Q Qualified by place in Track Events q Qualified by time in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 19:05

Men's 400m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	558	Suleiman Abdulrahman	UAE	11 Aug 2007	8	0.152	44.85	MR PB
2	429	Khala Ngare Mahamat	QAT	5 Jun 2007	5	0.155	45.19	MR PB
3	437	Youssef Abdelaziz Djibrine	QAT	20 Jun 2007	7	0.141	45.58	PB
4	498	Omel Shashintha Silva Jayathungalage	SRI	10 Dec 2007	6	0.161	45.95 (45.943)	
4	499	Sadew Wimansa Rajakaruna Senarath Mudiyansele	SRI	2 May 2007	9	0.163	45.95 (45.943)	PB
6	125	Weixin Ye	CHN	7 Sep 2007	2	0.149	46.65	
7	126	Xinlong Xu	CHN	14 Mar 2007	4	0.158	46.83	
8	529	Sarawut Nuansi	THA	17 Mar 2007	3	0.164	51.84	

Legend:
MR Meet Record PB Personal Best



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Friday

29 May 2026

START TIME 08:40

Men's 5000m Race Walk

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

Asia U20	18:54.37	Nitin Gupta	IND	25 Apr 2026
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Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	225	Nitin Gupta Nitin Gupta	IND	1 Jan 2008	7	19:47.49	~08:58
2	148	Sheng-qin Lo	TPE	11 Oct 2008	2	19:56.17	>08:56
3	267	Chihiro Obata	JPN	27 Nov 2008	1	20:06.73	
4	122	Ninghao Zhu	CHN	20 Mar 2008	11	20:25.60	
5	341	Seo Beomsu	KOR	8 Oct 2007	6	20:52.26	~08:56 ~08:58 >08:59
6	237	Tushar Panwar	IND	20 May 2008	10	20:55.41	+30s TR54.7.4 >08:49 ~08:57 >09:00
7	112	Haoyang Shen	CHN	21 Apr 2010	8	21:00.83	
8	146	Ruei-kai Chen	TPE	15 Feb 2008	4	21:25.66	~08:51
9	321	Sherkhan Yegizbay	KAZ	22 Aug 2008	12	21:33.92	~08:56
10	583	Sherzod Zubaev	UZB	13 Jun 2007	5	22:42.87	>08:51
11	323	Yegor Strukov	KAZ	21 Aug 2007	9	23:08.80	
12	578	Ozodbek Saidov	UZB	8 Nov 2007	3	23:36.44	

Legend:

> Bent Knee(Race Walking) ~ Loss of Contact(Race Walking)



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:10

Men's Discus Throw Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	71.37	Mika SOSNA	GER	10 Jun 2022
Asia U20	66.47	Moaaz Mohamed IBRAHIM	QAT	3 Feb 2018
Meet Record	63.17	Khalid Habash AL SUWAIDI	QAT	1 Oct 2002
HK U20	46.56	CHUN Ho Miu	HKG	28 Mar 2026

Rank	Bib	Name	C/R	DoB	1	2	3	Result	Point Tot.Pts	Remark
1	304	Askar Omirzak	KAZ	17 Sep 2008	29.44	39.73	33.69	39.73	659 5050	
2	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	37.96	X	31.06	37.96	623 4913	
3	238	Upkar Upkar	IND	16 Jun 2007	33.24	X	36.60	36.60	596 4904	
4	228	Rahul Jakhar	IND	11 Sep 2008	36.47	X	X	36.47	593 5398	
5	572	Jakhongir Juraboev	UZB	9 Jan 2008	X	X	33.88	33.88	541 4883	
6	274	Kotaro Ihara	JPN	2 Jan 2007	31.73	X	33.83	33.83	540 4824	
7	140	Cheng-yu Wu	TPE	25 May 2008	X	31.61	33.80	33.80	540 4919	
8	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	31.44	31.41	X	31.44	493 4922	
9	191	Pak Ki Wong	HKG	21 Mar 2009	12.10	12.29	12.51	12.51	136 2821	

Legend:
X Failed trail in Field Events





22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 16:55

Men's Javelin Throw Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	86.48	Neeraj CHOPRA	IND	23 Jul 2016
Asia U20	86.48	Neeraj CHOPRA	IND	23 Jul 2016
Meet Record	77.97	Junya SADOU	JPN	6 Jun 2016
HK U20	64.93	LAM Ming Yiu	HKG	15 Sep 2018

Rank	Bib	Name	C/R	DoB	1	2	3	Result	Point Tot.Pts	Remark
1	238	Upkar Upkar	IND	16 Jun 2007	60.67	56.18	55.90	60.67	748 6242	
2	228	Rahul Jakhar	IND	11 Sep 2008	55.49	51.18	55.15	55.49	670 6685	
3	274	Kotaro Ihara	JPN	2 Jan 2007	47.98	X	X	47.98	559 5973	
4	304	Askar Omirzak	KAZ	17 Sep 2008	45.24	45.67	43.30	45.67	525 6110	
5	140	Cheng-yu Wu	TPE	25 May 2008	37.24	40.15	44.73	44.73	511 6020	
6	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	41.97	37.33	40.92	41.97	471 5946	
7	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	28.63	28.58	23.93	28.63	280 5737	
8	191	Pak Ki Wong	HKG	21 Mar 2009	12.40	X	X	12.40	62 2883	
	572	Jakhongir Juraboev	UZB	9 Jan 2008				DNS	4883	

Legend:
X Failed trail in Field Events DNS Did Not Start





22nd Asian U20 Athletics Championships



Friday

29 May 2026

Men's Pole Vault Decathlon

START TIME 10:53

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	6.05	Armand?DUPLANTIS	SWE	12 Aug 2018
Asia U20	5.65	Masaki EJIMA	JPN	6 Jul 2017
Meet Record	5.51	Seifeldin ABDELSALAM	QAT	26 Apr 2024
HK U20	4.10	PANG Chi Sum	HKG	3 Jul 2011

Rank	Bib	Name	C/R	DoB	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	Result	Point Tot.Pts
					3.80	3.90	4.00	4.10						
1	228	Rahul Jakhar	IND	11 Sep 2008	-	-	-	-	XO	O	O	XXO	4.00	617 6015
					XO	XXO	XXO	XXX						
2	140	Cheng-yu Wu	TPE	25 May 2008	-	-	-	-	-	XO	O	O	3.90	590 5509
					O	O	XXX							
3	274	Kotaro Ihara	JPN	2 Jan 2007	-	-	-	-	-	XO	-	O	3.90	590 5414
					-	XO	XXX							
4	238	Upkar Upkar	IND	16 Jun 2007	-	-	-	-	XO	O	O	XXO	3.90	590 5494
					O	XXO	XXX							
5	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	-	-	-	-	O	-	O	XO	3.80	562 5475
					O	XXX								
6	304	Askar Omirzak	KAZ	17 Sep 2008	-	-	-	-	-	-	-	XO	3.70	535 5585
					XXX									
7	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	-	-	O	-	O	XXO	O	XXO	3.70	535 5457
					XXX									
	572	Jakhongir Juraboev	UZB	9 Jan 2008	XXX								NM	4883
	191	Pak Ki Wong	HKG	21 Mar 2009	XXX								NM	2821

Legend:
O Valid trail in High Jump and Pole Vault X Failed trail in Field Events - Passed trail in Field Events NM No valid trail record





22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 16:40

Men's Triple Jump Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	17.75	Jaydon HIBBERT	JAM	1 Jun 2024
Asia U20	17.23	GU Junjie	CHN	26 Sep 2004
Meet Record	16.73	GU Junjie	CHN	31 Oct 2002
HK U20	15.24	CHAN Chi Keung	HKG	11 Sep 2022

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Wind	Remark
1	129	Zhuoyue Wang	CHN	12 Jan 2007	16.38 -0.4	16.41 +0.2	14.61 0.0	16.42 +0.7	X	r	16.42	+0.7	SB
2	131	Ziqi Cai	CHN	10 May 2007	15.37 +0.5	16.03 -0.7	15.99 -0.4	13.51 +0.6	X	X	16.03	-0.7	SB
3	332	Han Gyeol	KOR	27 Jul 2007	15.09 -0.2	15.46 -0.5	15.59 +0.2	X	X	15.22 +0.2	15.59	+0.2	PB
4	503	Thehara Ravishka Fernando Salpadoruge	SRI	9 Feb 2007	15.40 -0.3	15.11 -0.4	15.13 -0.7	15.34 -0.1	15.07 -0.1	15.32 -0.2	15.40	-0.3	
5	579	Radmir Zaripov	UZB	13 Sep 2008	X +0.1	14.77 +0.7	15.12 +0.7	15.15 0.0	15.22 +0.1	X	15.22	+0.1	
6	500	Sasindu Hansana Jayasingha Ilandari Dewage	SRI	21 Jul 2008	14.86 +0.1	15.04 -0.1	15.06 +0.1	14.87 0.0	15.05 +0.1	14.86 0.0	15.06	+0.1	
7	195	Tin Long Yeung	HKG	22 Sep 2007	14.29 0.0	14.92 +0.2	13.81 +0.4	X	X	X	14.92	+0.2	PB
8	232	Royshan P	IND	28 May 2007	14.77 +0.2	X	14.87 0.0	X	14.83 +0.4	14.42 0.0	14.87	0.0	
9	445	Abdulrahman Ahmed A Mohammed	KSA	1 Sep 2008	14.83 0.0	14.84 -0.7	14.82 -0.2				14.84	-0.7	
10	574	Khursandbek Mamatsaliev	UZB	28 Sep 2007	14.38 0.0	14.74 +0.5	14.84 +0.5				14.84	+0.5	
11	164	Cheong Lok Wai	HKG	10 May 2008	14.84 -0.6	X	14.68 +0.5				14.84	-0.6	
12	173	Chun Yuen Chan	HKG	5 Jan 2009	X	14.72 +0.1	X				14.72	+0.1	
	269	Daisuke Goto	JPN	1 Apr 2008	X	r					NM	0.0	

Legend:
 PB Personal Best SB Season Best X Failed trail in Field Events r Retired from Competition NM No valid trail record





22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 16:40

Men's Triple Jump Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	17.75	Jaydon HIBBERT	JAM	1 Jun 2024
Asia U20	17.23	GU Junjie	CHN	26 Sep 2004
Meet Record	16.73	GU Junjie	CHN	31 Oct 2002
HK U20	15.24	CHAN Chi Keung	HKG	11 Sep 2022

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Wind	Remark
	309	Gleb Gladilov	KAZ	7 Mar 2007							DNS	0.0	

Legend:
DNS Did Not Start



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 17:40

Women's 100m H

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	12.71	Britany ANDERSON	JAM	24 Jul 2019
Asia U20	12.92	SUN Hongwei	CHN	18 Oct 1997
Meet Record	13.45	ZHANG Yu	CHN	16 Jun 1990
HK U20	13.87	PAK Hoi Man Chloe	HKG	4 Nov 2023

Wind: +0.4 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	606	Keyi Zhang	CHN	9 Aug 2009	7	0.158	13.38	MR
2	724	Nana Ishihara	JPN	7 May 2008	4	0.164	13.76	SB
3	742	Alina Golovina	KAZ	3 Jan 2008	5	0.172	13.93	PB
4	604	Jingyun Zhang	CHN	25 Oct 2008	3	0.188	14.05	PB
5	806	Jecel Vivas	PHI	9 Sep 2007	6	0.144	14.52	
6	652	Hoi Yiu Richelle Wo	HKG	11 Feb 2008	8	0.118	14.70	PB

Legend:
MR Meet Record PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:10

Women's 200m Round 1 Heat 1/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	21.81	Christine MBOMA	NAM	3 Aug 2021
Asia U20	22.74	Edidiong Ofonime ODIONG	BRN	15 Aug 2016
Meet Record	23.16	Susanthika JAYASINGHE	SRI	20 Sep 1994
HK U20	24.15	YAU Sin Ting Nicole	HKG	9 May 2026

Wind: +0.5 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	836	Dilanma Ransini Perera Pathirana Unnehelage	SRI	17 Jan 2007	3	0.161	23.97Q	PB
2	682	Aarti Aarti	IND	8 Jun 2008	6	0.195	24.27Q	
3	668	Wan Chi Wong	HKG	24 Mar 2007	9	0.192	24.49	PB
4	794	Ahnaa Nizaar	MDV	25 Jun 2007	8	0.228	25.00	PB
5	857	Nattawadee Watarujikrit	THA	8 Mar 2009	7	0.168	25.06	PB
6	771	Kwon Yeeun	KOR	29 Jan 2009	5	0.148	25.51	
7	867	Chelsia Bolo Soares Da Cruz	TLS	1 Feb 2009	4	0.246	28.98	PB

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:17

Women's 200m Round 1 Heat 2/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	21.81	Christine MBOMA	NAM	3 Aug 2021
Asia U20	22.74	Edidiong Ofonime ODIONG	BRN	15 Aug 2016
Meet Record	23.16	Susanthika JAYASINGHE	SRI	20 Sep 1994
HK U20	24.15	YAU Sin Ting Nicole	HKG	9 May 2026

Wind: +0.9 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	625	Zhenglin Zhou	CHN	3 Dec 2008	4	0.219	23.70Q	PB
2	913	Le Thi Thao	VIE	26 May 2009	6	0.159	24.63Q	
3	814	Dana Noor Salem	QAT	7 Oct 2009	7	0.168	24.65	
4	795	Ziva Moosa Shafeeu	MDV	10 Jun 2007	3	0.190	25.25	SB
5	658	Man Yan Yip	HKG	19 Feb 2008	8	0.145	25.41	
6	859	Nichaphat Nunut	THA	15 Feb 2008	9	0.260	25.47	
7	893	Karina Karimova	UZB	9 Sep 2008	5	0.153	27.26	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:24

Women's 200m Round 1 Heat 3/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	21.81	Christine MBOMA	NAM	3 Aug 2021
Asia U20	22.74	Edidiong Ofonime ODIONG	BRN	15 Aug 2016
Meet Record	23.16	Susanthika JAYASINGHE	SRI	20 Sep 1994
HK U20	24.15	YAU Sin Ting Nicole	HKG	9 May 2026

Wind: -0.1 m/s

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	839	Risansa Hirupama Kadupiti	SRI	5 Mar 2008	6	0.176	24.09Q	
2	686	Bhumika Sanjay Nehate	IND	13 May 2009	3	0.206	24.24Q	TR7.1[TR16.5.2][D] YC
3	661	Sin Ting Nicole Yau	HKG	8 Mar 2007	5	0.208	24.29q	SB
4	880	Ezza Nael Nasser	UAE	10 Sep 2009	9	0.215	24.62	
5	790	Izzatul Musfirah Ahmad Kamal Azira	MAS	23 Feb 2008	7	0.196	24.88	SB
6	799	Anuska Adhikari	NEP	13 Sep 2009	4	0.166	27.45	
	891	Gulhayo Chullieva	UZB	19 Aug 2007	8		DNS	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
 Q Qualified by place in Track Events q Qualified by time in Track Events SB Season Best DNS Did Not Start YC Yellow Card
 TR7.1[TR16.5.2][D] Improper conduct, delaying the start



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 18:20

Women's 3000m Steeplechase

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	8:58.78	Celliphine Chepteek?CHESPOL	KEN	26 May 2017
Asia U20	9:10.74	Winfred Mutile YAVI	BRN	20 Jul 2018
Meet Record	10:21.04	Chika MUKAI	JPN	6 Jun 2016
HK U20	11:28.54	HUI Kam Man	HKG	5 May 2013

Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	726	Rei Taya	JPN	6 Mar 2009	10	10:22.52	
2	705	Hanieh Shah Pari	IRI	15 Jan 2007	9	10:26.34	PB
3	900	Sadafbonu Nusratilloeva	UZB	25 Feb 2008	7	10:37.32	PB
4	689	Mansi Avinash Yadav	IND	28 May 2007	5	10:45.34	PB
5	912	Dinh Thi Thu Huong	VIE	9 Mar 2007	1	10:48.45	PB
6	898	Nasimakhon Mamirova	UZB	13 Sep 2009	11	11:00.18	
7	767	Jin Minhee	KOR	1 Jun 2007	4	11:14.39	SB
8	757	Uldanay Abylkhan	KAZ	7 Jul 2007	8	11:45.52	
9	683	Aisha Verma	IND	1 Apr 2008	2	11:52.45	
10	633	Chia-chien Lin	TPE	30 Apr 2009	12	11:59.18	
11	657	Long Ching Yu	HKG	19 Apr 2009	6	12:00.96	
12	634	Chih-hsuan Chen	TPE	14 Apr 2010	3	12:53.89	

Legend:
 PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 18:55

Women's 400m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	49.42	Grit BREUER	GER	27 Aug 1991
Asia U20	49.88	Salwa Eid NASSER	BRN	1 Sep 2017
Meet Record	52.66	TANG Xiaoyin	CHN	13 Jun 2004
HK U20	55.32	CHOW Chi Kiu	HKG	9 May 2026

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	878	Aminat Kamarudeen	UAE	29 Aug 2007	6	0.181	52.72	PB
2	638	Yi-cen Chen	TPE	5 Jun 2010	9	0.151	53.16	SB
3	692	Neeru Pathak	IND	27 Jan 2007	7	0.163	53.23	SB
4	699	Tahura Khatun	IND	6 Mar 2007	4	0.203	53.93	PB
5	877	Aisha Traiq Muhammad	UAE	13 May 2009	8	0.150	54.27	
6	632	Chen-yu Liu	TPE	1 Jan 2007	5	0.181	54.42	SB
7	755	Sofya Kidenko	KAZ	18 Jan 2007	2	0.158	54.75	PB
8	807	Jeralyn Rodriguez	PHI	17 May 2007	3	0.261	54.83	PB

Legend:
 PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:20

Women's 800m Round 1 Heat 1/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:54.01	Pamela JELIMO	KEN	29 Aug 2008
Asia U20	1:57.18	WANG Yuan	CHN	8 Sep 1993
Meet Record	2:02.66	LANG Yinglai	CHN	5 Nov 1997
HK U20	2:11.92	LI Yin Yee	HKG	3 Nov 1996

Rank	Bib	Name	C/R	DoB	Lane	Result	Remark
1	716	Hanon Sasaki	JPN	26 Jul 2007	5	2:10.72Q	
2	916	Vu Thi Tra My	VIE	1 Aug 2007	4	2:12.95Q	
3	706	Maryam Ahmadi Baloutaki	IRI	30 Oct 2007	7	2:14.58Q	SB
4	747	Darya Potocheskaya	KAZ	22 Oct 2010	9	2:18.08	
5	897	Mokhidil Mamajonova	UZB	13 May 2007	8	2:23.38	
6	667	Tsz Yiu Lee	HKG	26 Jul 2009	6	2:30.53	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
 Q Qualified by place in Track Events SB Season Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:28

Women's 800m Round 1 Heat 2/2

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:54.01	Pamela JELIMO	KEN	29 Aug 2008
Asia U20	1:57.18	WANG Yuan	CHN	8 Sep 1993
Meet Record	2:02.66	LANG Yinglai	CHN	5 Nov 1997
HK U20	2:11.92	LI Yin Yee	HKG	3 Nov 1996

Rank	Bib	Name	C/R	DoB	Lane	Result	Remark
1	620	Yue Deng	CHN	26 Jun 2007	6	2:13.26Q	
2	841	Tharushi Abhisheka Pemasiri Mahadura Gedara	SRI	30 Oct 2008	4	2:14.74Q	
3	904	Surayyo Zaripova	UZB	21 Jan 2007	5	2:15.40Q	
4	669	Wing Chi Lam	HKG	20 May 2010	9	2:17.82q	
5	800	Narayeni Bhandari	NEP	21 Dec 2007	7	2:17.87q	PB
6	737	Noora Shihab Ahmad Kuran	JOR	3 Aug 2007	8	2:22.88	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
 Q Qualified by place in Track Events q Qualified by time in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 18:10

Women's Discus Throw

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	74.40	Ilke WYLUDDA	GDR	13 Sep 1988
Asia U20	66.08	CAO Qi	CHN	12 Sep 1993
Meet Record	62.54	XU Shaoyang	CHN	30 Oct 2002
HK U20	41.27	TO Yuen Kwan	HKG	6 Jun 2016

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Remark
1	684	Amanat Kamboj	IND	18 Nov 2007	49.16	49.16	51.75	52.24	48.08	51.58	52.24	
2	601	Chenyi Ma	CHN	1 Jan 2008	50.46	X	X	51.30	50.41	51.11	51.30	
3	721	Koko Konda	JPN	9 May 2007	46.59	49.74	46.93	47.69	48.83	48.73	49.74	
4	895	Mahliyo Karimova	UZB	10 Aug 2008	42.40	41.20	43.75	42.16	36.19	41.65	43.75	
5	671	Wing Lam Venus Lo	HKG	25 Sep 2008	37.83	X	39.66	X	35.55	X	39.66	
6	756	Tomiris Yermatova	KAZ	24 Feb 2008	X	29.43	37.04	36.57	X	37.62	37.62	
7	743	Alina Yussupova	KAZ	12 Sep 2010	22.54	31.37	X	32.15	36.19	X	36.19	

Legend:
X Failed trail in Field Events



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 16:45

Women's High Jump

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	2.04	Yaroslava MAHUCHIKH	URK	30 Sep 2019
Asia U20	1.95	Tayana EFIMENKO	KGZ	6 Oct 1999
Meet Record	1.90	Svetlana RADZIVIL	UZB	16 Jul 2006
HK U20	1.80	FUNG Wai Yee	HKG	1 Oct 2011

Rank	Bib	Name	C/R	DoB	1.50	1.55	1.60	1.65	1.69	1.72	1.74	1.76	Result
					1.78	1.80	1.82	1.84	1.87	1.91	1.93	1.96	
1	694	Pooja Pooja	IND	21 Feb 2007	-	-	-	-	-	O	-	O	1.93 MR
					-	O	O	-	O	XO	O	XXX	
2	609	Meiqi Chen	CHN	4 Jan 2007	-	-	O	O	O	O	O	O	1.80 =SB
					O	XO	XX-	X					
3	635	Pei-hsuan Lin	TPE	11 Oct 2007	-	-	O	XO	O	O	XXX		1.72 SB
3	837	Mihinsa Dewmini Abeyrathna Demalaporuwe Kankanamalage	SRI	23 May 2008	-	O	O	O	XO	O	XXX		1.72
5	915	Mai Ngoc Anh	VIE	6 Aug 2008	-	-	O	XXO	O	XXX			1.69
6	754	Milena Merts	KAZ	16 Oct 2009	O	XO	O	O	XXO	XXX			1.69
7	828	Yen Young Amelia Goh	SGP	1 Sep 2008	-	O	O	XXX					1.60
7	748	Malika Zhomart	KAZ	12 Nov 2008	O	O	O	XXX					1.60
7	663	Sze Hei Heidi Lee	HKG	4 Jan 2008	O	O	O	XXX					1.60 =SB
10	650	Hay Tung Hayden Kwong	HKG	4 Jan 2010	O	O	XXO	XXX					1.60 =PB
11	662	Sum Yau Woo	HKG	30 Apr 2008	O	XO	XXX						1.55

Legend:
 MR Meet Record PB Personal Best SB Season Best O Valid trail in High Jump and Pole Vault X Failed trail in Field Events - Passed trail in Field Events





22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 16:50

Women's Shot Put

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	20.54	Astrid KUMBERNUSS	GDR	1 Jul 1989
Asia U20	20.02	CHENG Xiaoyan	CHN	5 Jun 1996
Meet Record	18.66	QIU Qiaoping	CHN	16 Jun 1990
HK U20	12.86	HO Yin Chiu	HKG	21 Feb 2012

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Remark
1	623	Yuxiao He	CHN	24 Nov 2007	X	15.07	15.15	15.30	15.03	X	15.30	
2	615	Xiaohan Zhai	CHN	9 Oct 2008	14.76	15.04	X	15.28	X	X	15.28	
3	773	Lee Yeram	KOR	17 Aug 2008	13.53	14.15	14.63	X	14.65	14.51	14.65	
4	720	Karina Yonekawa	JPN	9 Apr 2007	13.41	13.76	X	X	13.55	X	13.76	
5	656	Lok Yau Lee	HKG	20 Mar 2008	9.17	9.78	9.82	X	8.57	9.32	9.82	

Legend:
X Failed trail in Field Events



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 10:00

Women's Triple Jump Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	14.62	Tereza MARINOVA	BUL	25 Aug 1996
Asia U20	14.57	HUANG Qiuyan	CHN	19 Oct 1997
Meet Record	14.23	LI Jiahui	CHN	5 Nov 1997
HK U20	12.39	LOH Mei Sze	HKG	4 Nov 2007

Rank	Bib	Name	C/R	DoB	1	2	3	4	5	6	Result	Wind	Remark
1	619	Yiqing Xie	CHN	29 Jan 2009	X	12.96 +0.5	13.36 +1.3	12.95 +0.1	-	X	13.36 +1.3		
2	697	Sadhana Ravi	IND	16 Dec 2007	12.69 +0.3	12.50 +0.4	12.84 +0.5	12.26 +0.2	12.67 +1.5	12.78 +0.2	12.84 +0.5		
3	751	Mariya Chshipacheva	KAZ	22 Feb 2007	12.30 -0.5	12.70 0.0	12.46 +0.2	X	12.43 +1.2	X	12.70 0.0		PB
4	911	Chau Ngoc Quynh Anh	VIE	20 Feb 2007	X	12.55 -0.4	12.18 +1.1	12.40 -0.1	X	X	12.55 -0.4		
5	654	Kam Ching Huang	HKG	11 Feb 2007	12.06 -0.5	11.16 -0.4	X	12.17 -0.3	X	12.37 +2.2	12.37 +2.2		PB
6	856	Natepriya Aroka	THA	10 Mar 2008	X	12.26 -0.2	X	11.99 -0.2	X	11.77 +1.3	12.26 -0.2		
7	719	Kanon Okajima	JPN	22 Jan 2008	X	X	12.17 +1.7	11.54 -0.2	X	X	12.17 +1.7		
8	838	Oshini Kavindya Kodikara	SRI	24 Mar 2007	11.99 +0.5	X	12.05 +0.3	X	12.16 +1.1	12.09 +1.1	12.16 +1.1		
9	641	Zi-yun Zeng	TPE	14 Apr 2009	11.75 -0.5	12.00 +0.9	X				12.00 +0.9		
10	744	Alissa Issayeva	KAZ	8 Apr 2009	X	11.83 0.0	X				11.83 0.0		
	890	Elyanura Olimboeva	UZB	5 Apr 2010	X	X	X				NM 0.0		
	648	Chi Ting Kwok	HKG	9 Apr 2010	X	X	X				NM 0.0		
	655	Kun Wong	HKG	13 Jan 2007	X	X	X				NM 0.0		

Legend:
PB Personal Best X Failed trail in Field Events - Passed trail in Field Events NM No valid trail record



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:36

Men's 800m

Round 1 Heat 1/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:41.73	Nijel AMOS	BOT	9 Aug 2012
Asia U20	1:44.02	Belal Mansoor ALI	BRN	9 Sep 2007
Meet Record	1:45.56	TENG Haining	CHN	12 Jun 2012
HK U20	1:52.36	WANG Nok Wang	HKG	4 Oct 2025

Rank	Bib	Name	C/R	DoB	Lane	Result	Remark
1	428	Kamal Talib	QAT	15 Jun 2008	7	1:58.67Q	
2	257	Mohammad Saleh Kamareh	IRI	14 Jul 2008	4	1:58.70Q	
3	458	Musaad Obaid M Alsubaie	KSA	20 Feb 2008	9	1:58.99	
4	571	Islomjon Tilaboldiev	UZB	16 Apr 2007	6	1:59.32	
5	203	Yung Sang Ma	HKG	29 Dec 2007	8	2:03.32	
6	540	Castro Amaral Belo Trindade	TLS	27 Mar 2010	5	2:17.27	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
Q Qualified by place in Track Events



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:44

Men's 800m

Round 1 Heat 2/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:41.73	Nijel AMOS	BOT	9 Aug 2012
Asia U20	1:44.02	Belal Mansoor ALI	BRN	9 Sep 2007
Meet Record	1:45.56	TENG Haining	CHN	12 Jun 2012
HK U20	1:52.36	WANG Nok Wang	HKG	4 Oct 2025

Rank	Bib	Name	C/R	DoB	Lane	Result	Remark
1	239	Venkatram Reddy Mogali	IND	9 Jul 2007	7	1:52.19Q	
2	318	Ramazan Shaiyev	KAZ	19 Sep 2008	9	1:52.52Q	
3	405	Badal Karki	NEP	27 Mar 2008	3	1:55.24	PB
4	480	Oliver Fiore	SGP	9 Oct 2009	4	1:55.93	
5	188	Nok Wang Wang	HKG	30 Mar 2008	5	1:57.40	
6	569	Azizbek Shukrullaev	UZB	26 Sep 2007	8	1:59.78	PB
7	395	Batjavkhlan Sergelenbat	MGL	19 May 2009	6	2:13.87	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
 Q Qualified by place in Track Events PB Personal Best





22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:52

Men's 800m

Round 1 Heat 3/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	1:41.73	Nijel AMOS	BOT	9 Aug 2012
Asia U20	1:44.02	Belal Mansoor ALI	BRN	9 Sep 2007
Meet Record	1:45.56	TENG Haining	CHN	12 Jun 2012
HK U20	1:52.36	WANG Nok Wang	HKG	4 Oct 2025

Rank	Bib	Name	C/R	DoB	Lane	Result	Remark
1	497	Nethsara Dineth Liyanage Gagabada Liyanage	SRI	8 Dec 2007	7	1:51.07Q	PB
2	266	Atsuki Watanabe	JPN	19 May 2007	8	1:51.14Q	
3	446	Aboud Ali A Faqihi	KSA	4 Mar 2008	4	1:55.03q	
4	373	Yuxuan Li	MAC	27 Aug 2007	6	1:55.29	
5	183	Lok Ching Wong	HKG	11 Nov 2009	9	1:56.49	PB
6	101	Pem Gyeltshen	BHU	28 Apr 2008	5	2:05.44	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
 Q Qualified by place in Track Events q Qualified by time in Track Events PB Personal Best



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 08:30

Men's Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

Rk	Bib	Name	C/R	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m	Total Score	Score Behind
1	228	Rahul Jakhar	IND	10.70 (+1.4) 929	6.77 (+0.5) 760 1689	13.04 670 2359	1.93 740 3099	50.25 803 3902	14.56 (-1.8) 903 4805	36.47 593 5398	4.00 617 6015	55.49 670 6685	5:10.73 500 7185	7185	
2	238	Upkar Upkar	IND	11.07 (+1.4) 845	6.49 (+0.1) 695 1540	12.14 615 2155	1.81 636 2791	51.95 727 3518	15.50 (-1.8) 790 4308	36.60 596 4904	3.90 590 5494	60.67 748 6242	4:51.16 612 6854	6854	331
3	304	Askar Omirzak	KAZ	11.07 (+1.4) 845	6.09 (-1.1) 1451	12.33 626 2077	1.78 610 2687	49.79 824 3511	14.75 (-1.8) 880 4391	39.73 659 5050	3.70 535 5585	45.67 525 6110	4:42.56 664 6774	6774	411
4	140	Cheng-yu Wu	TPE	11.23 (+1.4) 810	6.45 (-0.8) 686 1496	12.44 633 2129	1.84 661 2790	51.57 744 3534	15.04 (-1.8) 845 4379	33.80 540 4919	3.90 590 5509	44.73 511 6020	4:45.72 645 6665	6665	520
5	274	Kotaro Ihara	JPN	11.15 (+1.4) 827	6.58 (-0.4) 716 1543	11.20 558 2101	1.81 636 2737	50.66 784 3521	15.73 (-1.8) 763 4284	33.83 540 4824	3.90 590 5414	47.98 559 5973	4:53.87 596 6569	6569	616
6	454	Mohammed Hezam B Alshahrani	KSA	11.16 (+1.4) 825	6.57 (-0.8) 713 1538	10.10 492 2030	1.84 661 2691	49.29 848 3539	14.67 (-1.8) 890 4429	31.44 493 4922	3.70 535 5457	28.63 280 5737	4:31.90 732 6469	6469	716
7	305	Ayan Zhanbakiyev	KAZ	11.48 (+1.4) 757	7.01 (-1.0) 816 1573	12.63 645 2218	1.93 740 2958	55.89 564 3522	15.69 (-1.8) 768 4290	37.96 623 4913	3.80 562 5475	41.97 471 5946	5:07.80 516 6462	6462	723
8	191	Pak Ki Wong	HKG	11.50 (+1.4) 753	5.76 (+0.1) 535 1288	5.29 208 1496	NM 740 1496	57.81 491 1987	16.31 (-1.8) 698 2685	12.51 136 2821	NM 2821	12.40 62 2883	5:55.27 284 3167	3167	4018
	572	Jakhongir Juraboev	UZB	11.54 (+1.4) 744	6.40 (0.0) 675 1419	12.32 626 2045	1.93 740 2785	52.20 716 3501	15.07 (-1.8) 841 4342	33.88 541 4883	NM 4883	DNS		DNF	

Legend:	DEC	Decathlon	DT	Discus Throw	HEP	Heptathlon	HJ	High Jump	
HT	Hammer Throw	JT	Javelin Throw	kW	km Race Walk	LJ	Long Jump	MAR	Marathon
PV	Pole Vault	SC	Steeplechase	SP	Shot Put	TJ	Triple Jump		

Legend: NM No valid trail record DNF Did Not Finish DNS Did Not Start

