

22nd Asian U20 Athletics Championships

Final Medal Tally

Hong Kong (HKG) · 28–31 May 2026 · 45 finals

Rank	Country	Gold	Silver	Bronze	Total
1	CHN – China	14	9	2	25
2	IND – India	10	5	4	19
3	JPN – Japan	5	5	8	18
4	UAE – United Arab Emirates	5	0	1	6
5	QAT – Qatar	3	4	3	10
6	TPE – Chinese Taipei	2	6	4	12
7	KOR – Korea	2	4	6	12
8	SRI – Sri Lanka	2	2	4	8
9	KAZ – Kazakhstan	1	2	4	7
10	UZB – Uzbekistan	1	1	4	6
11	IRI – Iran	0	3	0	3
12	HKG – Hong Kong, China	0	2	1	3
13	PHI – Philippines	0	1	1	2
14	THA – Thailand	0	1	0	1
15	KSA – Saudi Arabia	0	0	2	2
16	MGL – Mongolia	0	0	1	1
	TOTAL	45	45	45	135

Ranked by gold, then silver, then bronze. Combined events (Men's Decathlon, Women's Heptathlon) counted as single finals. The Women's Heptathlon awarded no bronze (only two classified finishers); the Women's High Jump awarded two bronze medals (tie for 3rd). Totals balance at 45/45/45.

22nd Asian U20 Athletics Championships

Medal Winners by Event

Hong Kong (HKG) · 28–31 May 2026 · 45 finals

Men's Events

Men's 100m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Hongyu Dai	CHN	5 Feb 2008	10.28
Silver	2	Chun Ting Kwok	HKG	17 Oct 2007	10.35
Bronze	3	Tsubasa Yasukawa	JPN	14 Jul 2007	10.35

Men's 3000m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Mubarik Abdi Said	QAT	2 May 2008	7:56.08
Silver	2	Tzu-chieh Chien	TPE	5 Apr 2007	8:00.42
Bronze	3	Yota Mashiko	JPN	3 Aug 2007	8:00.86

Men's Hammer Throw

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Ankang Wang	CHN	3 Apr 2008	75.07
Silver	2	Abdelrahman Mohamed A M	QAT	4 Aug 2007	72.53
Bronze	3	Andrew Atuobeng	JPN	29 Jan 2007	70.64

Men's Shot Put

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Park Sihoon	KOR	20 Feb 2007	20.65
Silver	2	Chenqi Wu	CHN	26 Jan 2007	18.75
Bronze	3	Zayed Essam Z Albishi	KSA	27 Mar 2008	18.03

Men's 110m H

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Jeremy Koga	JPN	21 May 2007	13.05
Silver	2	Koki Takajo	JPN	22 Jul 2008	13.24
Bronze	3	Yi-xuan Chen	TPE	12 Oct 2007	13.46

Men's 400m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Suleiman Abdulrahman	UAE	11 Aug 2007	44.85
Silver	2	Khala Ngare Mahamat	QAT	5 Jun 2007	45.19

Medal	Pos	Athlete	Country	Date of Birth	Result
Bronze	3	Youssef Abdelaziz Djibrine	QAT	20 Jun 2007	45.58

Men's 5000m Race Walk

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Nitin Gupta Nitin Gupta	IND	1 Jan 2008	19:47.49
Silver	2	Sheng-qin Lo	TPE	11 Oct 2008	19:56.17
Bronze	3	Chihiro Obata	JPN	27 Nov 2008	20:06.73

Men's Triple Jump

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Zhuoyue Wang	CHN	12 Jan 2007	16.42
Silver	2	Ziqi Cai	CHN	10 May 2007	16.03
Bronze	3	Han Gyeol	KOR	27 Jul 2007	15.59

Men's 5000m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Ryo Kurimura	JPN	4 Jul 2007	14:39.31
Silver	2	Timur Nasimov	UZB	2 Apr 2008	15:34.09
Bronze	3	Tsagaadai Angar	MGL	1 Apr 2008	15:37.38

Men's High Jump

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Basant Basant	IND	7 Jan 2007	2.20
Silver	2	Tharusha Dinushan Mendis	SRI	24 Mar 2008	2.14
Bronze	3	Kim Junki	KOR	26 Jul 2007	2.12

Men's Long Jump

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Shahnavaz Khan	IND	2 Feb 2008	7.84
Silver	2	Jithin Arjunan Raman	IND	11 Dec 2007	7.66
Bronze	3	Sarvar Meyliyev	UZB	3 Apr 2007	7.60

Men's 400m H

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Taiju Goto	JPN	5 May 2009	49.25
Silver	2	Faycal Mahamat Abdallah	QAT	19 Jan 2007	50.54
Bronze	3	Naif Rashid A Alsubaie	KSA	28 Jun 2007	51.08

Men's Pole Vault

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Liang Zeng	CHN	16 Jan 2007	5.45
Silver	2	Naoya Inoue	JPN	21 Jun 2007	5.40
Bronze	3	Abdulla Saad J S Al-abdulla	QAT	26 Oct 2008	5.20

Men's 3000m Steeplechase

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Nikhil Chandrashekar	IND	15 Jan 2008	9:25.44
Silver	2	Yuu Kato	JPN	4 Jan 2008	9:27.30
Bronze	3	Jerico Cadag	PHI	7 Nov 2007	9:35.10

Men's 200m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Abdul Quddus Ahmed Ali	UAE	21 Aug 2008	20.85
Silver	2	Jinxin Chen	CHN	13 Nov 2007	21.12
Bronze	3	Sadew Wimansa Rajakaruna Senarath	SRI	2 May 2007	21.13

Men's 1500m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Mubarik Abdi Said	QAT	2 May 2008	3:44.40
Silver	2	Tzu-chieh Chien	TPE	5 Apr 2007	3:45.58
Bronze	3	Jiahao Wang	CHN	13 May 2007	3:46.92

Men's Discus Throw

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Maxim Sazhnev	KAZ	17 Jun 2009	60.45
Silver	2	Nishchay Nishchay	IND	27 Nov 2008	60.10
Bronze	3	Hamad Dhawi F D Alsultan	QAT	22 Jun 2008	59.47

Men's Javelin Throw

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Ruslan Sadullaev	UZB	12 Aug 2008	75.01
Silver	2	Leon Iwasaka	JPN	14 Jan 2008	70.46
Bronze	3	Jang Hajin	KOR	22 Jul 2008	70.31

Men's 800m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Venkatram Reddy Mogali	IND	9 Jul 2007	1:48.27
Silver	2	Nethsara Dineth Liyanage Gagabada	SRI	8 Dec 2007	1:49.22
Bronze	3	Atsuki Watanabe	JPN	19 May 2007	1:49.29

Men's 4x100m Relay

Medal	Pos	Country	Result	Team
Gold	1	KOR	39.75	Choi Myungjin, Kim Dongjin, Choi Seongwon, Jun Chaemin
Silver	2	THA	39.83	Thiraphat Anantarattanakun, Chutithat Pruksorranan, Phattarakorn Insaeng, Anucha Sa-gabankhok
Bronze	3	TPE	39.86	Chia-le Lin, Zong-han Lyu, Cheng-kuei Hsieh, Chih-hsiang Chung

Men's 4x400m Relay

Medal	Pos	Country	Result	Team
Gold	1	CHN	3:04.88	Weixin Ye, Yongjie Li, Jia Yang, Xinlong Xu
Silver	2	QAT	3:05.06	Mahamat Abdallah A Abdelsadick, Mohammed Musa A Musa, Samir Moussa Hassan, Youssouf Abdelaziz Djibrine
Bronze	3	IND	3:05.54	Piyush Raj Piyush Raj, Sayed Sabeer Sayed Sabeer, Ranjith Kumar S Ranjith Kumar S, Mohammed Ashfaq

Men's Decathlon

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Rahul Jakhar	IND	11 Sep 2008	7185 pts
Silver	2	Upkar Upkar	IND	16 Jun 2007	6854 pts
Bronze	3	Askar Omirzak	KAZ	17 Sep 2008	6774 pts

Women's Events

Women's 100m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Dana Noor Salem	QAT	7 Oct 2009	11.47
Silver	2	Xinxuan Chen	CHN	2 Jan 2009	11.54
Bronze	3	Nipam Nipam	IND	20 Jun 2007	11.62

Women's 1500m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Tharushi Abhisheka Pemasiri	SRI	30 Oct 2008	4:31.41
Silver	2	Maryam Ahmadi Baloutaki	IRI	30 Oct 2007	4:33.35

Medal	Pos	Athlete	Country	Date of Birth	Result
Bronze	3	Song Dawon	KOR	2 Aug 2008	4:35.42

Women's 5000m Race Walk

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Yuyao Sun	CHN	26 Oct 2010	23:42.10
Silver	2	Kwon Seorhin	KOR	28 Jan 2009	23:48.20
Bronze	3	Lijia Tang	CHN	6 Oct 2008	24:28.04

Women's Hammer Throw

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Jiajun Chen	CHN	1 Feb 2008	65.46
Silver	2	Yang Chaemin	KOR	21 Oct 2007	57.62
Bronze	3	Salma Haitham Rashid Saeed	UAE	10 Sep 2008	55.42

Women's 100m H

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Keyi Zhang	CHN	9 Aug 2009	13.38
Silver	2	Nana Ishihara	JPN	7 May 2008	13.76
Bronze	3	Alina Golovina	KAZ	3 Jan 2008	13.93

Women's 3000m Steeplechase

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Rei Taya	JPN	6 Mar 2009	10:22.52
Silver	2	Hanieh Shah Pari	IRI	15 Jan 2007	10:26.34
Bronze	3	Sadafbonu Nusratilloeva	UZB	25 Feb 2008	10:37.32

Women's 400m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Aminat Kamarudeen	UAE	29 Aug 2007	52.72
Silver	2	Yi-cen Chen	TPE	5 Jun 2010	53.16
Bronze	3	Neeru Pathak	IND	27 Jan 2007	53.23

Women's Discus Throw

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Amanat Kamboj	IND	18 Nov 2007	52.24
Silver	2	Chenyi Ma	CHN	1 Jan 2008	51.30
Bronze	3	Koko Konda	JPN	9 May 2007	49.74

Women's High Jump

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Pooja Pooja	IND	21 Feb 2007	1.93
Silver	2	Meiqi Chen	CHN	4 Jan 2007	1.80
Bronze	3	Pei-hsuan Lin	TPE	11 Oct 2007	1.72
Bronze	3	Mihinsa Dewmini Abeyrathna	SRI	23 May 2008	1.72

Women's Shot Put

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Yuxiao He	CHN	24 Nov 2007	15.30
Silver	2	Xiaohan Zhai	CHN	9 Oct 2008	15.28
Bronze	3	Lee Yeram	KOR	17 Aug 2008	14.65

Women's Triple Jump

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Yiqing Xie	CHN	29 Jan 2009	13.36
Silver	2	Sadhana Ravi	IND	16 Dec 2007	12.84
Bronze	3	Mariya Chshipacheva	KAZ	22 Feb 2007	12.70

Women's Pole Vault

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Xiying Li	CHN	3 Nov 2007	4.05
Silver	2	Anna Cherkashina	KAZ	8 Apr 2008	4.00
Bronze	3	Saera Watanabe	JPN	24 Dec 2007	3.80

Women's Javelin Throw

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Yu-chin Tai	TPE	11 Oct 2007	56.91
Silver	2	Ana Bhianca Espenilla	PHI	1 Feb 2007	52.20
Bronze	3	Kim Minji	KOR	2 Jan 2007	51.51

Women's 400m H

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Mariam Kareem	UAE	25 Jan 2008	56.93
Silver	2	Chen-yu Liu	TPE	1 Jan 2007	59.46
Bronze	3	Margarita Kossinova	KAZ	21 Aug 2010	1:01.06

Women's 3000m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Shuanglu Pan	CHN	14 Apr 2007	9:36.02
Silver	2	Hanieh Shah Pari	IRI	15 Jan 2007	9:49.42
Bronze	3	Dilnoza Hoshimova	UZB	11 Dec 2007	10:29.72

Women's 200m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Dilanma Ransini Perera Pathirana	SRI	17 Jan 2007	24.07
Silver	2	Zhenglin Zhou	CHN	3 Dec 2008	24.07
Bronze	3	Aarti Aarti	IND	8 Jun 2008	24.12

Women's 5000m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Muskan Muskan	IND	10 Jun 2008	16:53.08
Silver	2	Kim Hyojoo	KOR	2 Nov 2009	17:18.66
Bronze	3	Sadafbonu Nusratilloeva	UZB	25 Feb 2008	18:08.17

Women's Long Jump

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Morong Liang	CHN	12 Apr 2009	6.05
Silver	2	Kim Sooji	KOR	10 Apr 2007	5.94
Bronze	3	Yuhi Narisawa	JPN	16 Jun 2007	5.93

Women's 800m

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Hanon Sasaki	JPN	26 Jul 2007	2:05.44
Silver	2	Yue Deng	CHN	26 Jun 2007	2:05.70
Bronze	3	Tharushi Abhisheka Pemasiri	SRI	30 Oct 2008	2:07.10

Women's 4x100m Relay

Medal	Pos	Country	Result	Team
Gold	1	CHN	44.78	Keyi Zhang, Zhenglin Zhou, Qian Zhang, Xinxuan Chen
Silver	2	IND	45.05	Kajal Hirabhai Vaja, Bhavana G Bhavana G, Aarti Aarti, Nipam Nipam
Bronze	3	TPE	45.61	Yi-cen Chen, Chen-yu Liu, Pei-rong Zhan, Yi-han Su

Women's 4x400m Relay

Medal	Pos	Country	Result	Team
Gold	1	IND	3:38.07	Bhumika Sanjay Nehate, Tahura Khatun, Sehnoor Bawa, Neeru Pathak
Silver	2	KAZ	3:43.63	Milana Zubareva, Margarita Kossinova, Mariya Zinevich, Sofya Kidenko
Bronze	3	HKG	3:49.94	Tsz Yan Cheng, Tsz Yiu Lee, Jane Christa Ming Suet Karlsson, Chi Kiu Chow

Women's Heptathlon

Medal	Pos	Athlete	Country	Date of Birth	Result
Gold	1	Pei-hsuan Lin	TPE	—	4730 pts
Silver	2	Wing Hei He	HKG	—	3102 pts

Mixed Events

Mixed 4x400m Relay

Medal	Pos	Country	Result	Team
Gold	1	UAE	3:18.81	Saeed Shoaib Omar, Aminat Kamarudeen, Suleiman Abdulrahman, Mariam Kareem
Silver	2	TPE	3:23.92	Sin-you Tsai, Chen-yu Liu, Zong-han Lyu, Yi-cen Chen
Bronze	3	SRI	3:28.66	Sadew Wimansa Rajakaruna Senarath Mudiyanseelage, Warsha Devmini Wimalasekara Sakra Pedige, Omel Shashantha Silva Jayathungalage, Ronalee Malithi Anne Pieris Dajahetti Muhamderamge

Combined events (Men's Decathlon, Women's Heptathlon) ranked on total points. The Women's Heptathlon awarded no bronze (only two classified finishers); the Women's High Jump awarded two bronze medals (tie for 3rd).