



2nd Asian Relays Championships



Saturday

20 Jun 2026

START TIME 20:35

4x400m Relay Mixed Final

Shangyu Stadium, Shaoxing (CHN)

RESULTS

World Record	3:07.41	United States	Paris(FRA)	2 Aug 2024
Asian Record	3:11.82	Bahrain	Doha(QAT)	29 Sep 2019
Championships Record	3:14.12	India	Bangkok(THA)	20 May 2024

Rank	Bib	C/R	Lane	React. Time	Result	Remark
1		KAZ - Kazakhstan	3	0.225	3:16.75	PB
	154	Andrey SOKOLOV (M) (46.29)				
	652	Mariya SHUVALOVA (W) (52.32)				
	155	Elnor MUKHITDINOV (M) (46.14)				
	648	Adelina ZEMS (W) (52.00)				
2		IND - India	7	0.194	3:17.06	PB
	151	Theerthesh Prashanth SHETTY (M) (43.58)				
	638	Poovamma Raju MACHETTIRA (W) (54.76)				
	139	Barath SRIDHAR (M) (46.18)				
	636	Neeru PATHAK (W) (52.54)				
3		CHN - PR of China	6	0.149	3:17.20	
	101	Baotang LIANG (M) (43.36)				
	601	Fengdan LI (W) (55.76)				
	109	Kai LIU (M) (45.12)				
	614	Yingying KONG (W) (52.96)				
4		SRI - Sri Lanka	5	0.167	3:18.02	SB
	204	Kalinga Kumarage HEWA KUMARAGE (M) (43.53)				
	677	Balapuwaduge Sayuri Lakshima MENDIS (W) (55.46)				
	208	Sadew Wimansa Rajakaruna SENARATH MUDIYANSELAGE (M) (46.16)				
	679	Jithma Shenari Wijethunga AMBEPITIYA WIJETHUNGA GAMAGE (W) (52.87)				
5		VIE - Vietnam	4	0.210	3:18.58	
	242	Ta NGOC TUONG (M) (44.43)				
	705	Le THI TUYET MAI (W) (55.90)				
	240	Le NGOC PHUC (M) (44.35)				
	702	Hoang THI MINH HANH (W) (53.90)				

Legend:
PB Personal Best SB Season Best

