



# 22nd Asian U20 Athletics Championships



Thursday  
28 May 2026  
START TIME 10:40

**Men's 400m**  
**Round 1 Heat 1/4** Kai Tak Youth Sports Ground, Hong Kong (HKG)

## RESULTS

<b>World U20</b>	<b>43.87</b>	Steve LEWIS	USA	28 Sep 1988
<b>Asia U20</b>	<b>44.27</b>	Abdelilah HAROUN	QAT	5 Jul 2015
<b>Meet Record</b>	<b>45.53</b>	Ailixier WUMAIER	CHN	25 Apr 2024
<b>HKG All Comers</b>	<b>45.94</b>	CHEN Zhisheng	CHN	27 Sep 2025
<b>HK U20</b>	<b>47.79</b>	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	437	<b>Youssef Abdelaziz Djibrine</b>	<b>QAT</b>	20 Jun 2007	6	0.168	46.57Q
2	283	<b>Yohei Ozawa</b>	<b>JPN</b>	31 Jul 2007	9	0.146	46.74Q
3	557	<b>Saeed Shoaib Omar</b>	<b>UAE</b>	9 Sep 2009	4	0.149	47.59Q
4	126	<b>Xinlong Xu</b>	<b>CHN</b>	14 Mar 2007	8	0.173	47.64
5	479	<b>Lucas Bokai Hood</b>	<b>SGP</b>	16 Aug 2007	7	0.173	49.14
6	182	<b>Kwok Man Wong</b>	<b>HKG</b>	19 Feb 2010	5	0.146	49.42
7	398	<b>Mungunkhuyag Burentogtokh</b>	<b>MGL</b>	15 Jun 2007	3	0.167	51.17

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

**Legend:**  
Q Qualified by place in Track Events



# 22nd Asian U20 Athletics Championships



Thursday  
28 May 2026  
START TIME 10:48

**Men's 400m**  
**Round 1 Heat 2/4** Kai Tak Youth Sports Ground, Hong Kong (HKG)

## RESULTS

<b>World U20</b>	<b>43.87</b>	Steve LEWIS	USA	28 Sep 1988
<b>Asia U20</b>	<b>44.27</b>	Abdelilah HAROUN	QAT	5 Jul 2015
<b>Meet Record</b>	<b>45.53</b>	Ailixier WUMAIER	CHN	25 Apr 2024
<b>HKG All Comers</b>	<b>45.94</b>	CHEN Zhisheng	CHN	27 Sep 2025
<b>HK U20</b>	<b>47.79</b>	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	498	Omel Shashintha Silva Jayathungalage	SRI	10 Dec 2007	9	0.167	46.15Q
2	221	Mohammed Ashfaq	IND	26 Jun 2007	3	0.181	46.69Q
3	125	Weixin Ye	CHN	7 Sep 2007	5	0.171	46.89Q
4	198	Yau Nam Huang	HKG	29 Nov 2008	8	0.146	47.75
5	316	Nurzhan Seidрахman	KAZ	4 Dec 2007	6	0.160	49.20
6	474	Henry Shuheng Zhao	SGP	31 Aug 2008	4	0.173	49.62
7	514	Mullosafar Abubakr	TJK	10 Dec 2008	7	0.189	50.57

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

**Legend:**  
Q Qualified by place in Track Events



# 22nd Asian U20 Athletics Championships



Thursday  
28 May 2026  
START TIME 10:56

**Men's 400m**  
**Round 1 Heat 3/4** Kai Tak Youth Sports Ground, Hong Kong (HKG)

## RESULTS

<b>World U20</b>	<b>43.87</b>	Steve LEWIS	USA	28 Sep 1988
<b>Asia U20</b>	<b>44.27</b>	Abdelilah HAROUN	QAT	5 Jul 2015
<b>Meet Record</b>	<b>45.53</b>	Ailixier WUMAIER	CHN	25 Apr 2024
<b>HKG All Comers</b>	<b>45.94</b>	CHEN Zhisheng	CHN	27 Sep 2025
<b>HK U20</b>	<b>47.79</b>	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	499	<b>Sadew Wimansa Rajakaruna Senarath Mudiyansele</b>	<b>SRI</b>	2 May 2007	6	0.188	46.10Q
2	429	<b>Khala Ngare Mahamat</b>	<b>QAT</b>	5 Jun 2007	8	0.199	46.13Q
3	525	<b>Khunaphat Kaijan</b>	<b>THA</b>	23 Sep 2007	9	0.136	46.28Q
4	158	<b>Zong-han Lyu</b>	<b>TPE</b>	13 Sep 2007	7	0.159	47.09q
5	567	<b>Amir Ishankhodjaev</b>	<b>UZB</b>	8 May 2007	4	0.186	49.06
6	178	<b>Ho Yat Isaac Liem</b>	<b>HKG</b>	3 Oct 2008	3	0.152	49.31
7	540	<b>Castro Amaral Belo Trindade</b>	<b>TLS</b>	27 Mar 2010	5	0.175	58.25

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

**Legend:**  
Q Qualified by place in Track Events q Qualified by time in Track Events



# 22nd Asian U20 Athletics Championships



Thursday  
28 May 2026  
START TIME 11:04

**Men's 400m**  
**Round 1 Heat 4/4** Kai Tak Youth Sports Ground, Hong Kong (HKG)

## RESULTS

<b>World U20</b>	<b>43.87</b>	Steve LEWIS	USA	28 Sep 1988
<b>Asia U20</b>	<b>44.27</b>	Abdelilah HAROUN	QAT	5 Jul 2015
<b>Meet Record</b>	<b>45.53</b>	Ailixier WUMAIER	CHN	25 Apr 2024
<b>HKG All Comers</b>	<b>45.94</b>	CHEN Zhisheng	CHN	27 Sep 2025
<b>HK U20</b>	<b>47.79</b>	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	558	Suleiman Abdulrahman	UAE	11 Aug 2007	6	0.166	47.28Q
2	529	Sarawut Nuansi	THA	17 Mar 2007	9	0.153	47.62Q
3	227	Piyush Raj Piyush Raj	IND	28 Jan 2007	5	0.150	48.57Q
4	414	Alfred Talplacido	PHI	21 Sep 2007	3	0.202	48.63q
5	319	Ratmir Giniyatulin	KAZ	3 Nov 2007	8	0.153	49.46
6	396	Batzorig Sarantuya	MGL	26 Jun 2007	7	0.167	49.91
7	391	Zu Iz Mohamed Suad	MDV	30 May 2007	4	0.161	51.16

Qualification: First 3 of each heat (Q) plus 4 fastest times (q) qualify to Semi-Final

**Legend:**  
Q Qualified by place in Track Events q Qualified by time in Track Events