



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 09:20

Men's Long Jump Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	8.38	Mattia FURLANI	ITA	8 Jun 2024
Asia U20	8.31	SHI Yuhao	CHN	25 Jun 2017
Meet Record	8.05	WENG Yongfeng	CHN	13 Jul 2008
HKG All Comers	8.16	WANG Cheng	CHN	9 Jul 2000
HK U20	7.89	LIN Mingfu	HKG	2 Mar 2023

Rank	Bib	Name	C/R	DoB	1	2	3	Result Wind	Point Tot.Pts
1	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	X	6.73 -0.8	7.01 -1.0	7.01 -1.0	816 0
2	228	Rahul Jakhar	IND	11 Sep 2008	6.77 +0.5	6.71 +1.1	6.67 +0.1	6.77 +0.5	760 0
3	274	Kotaro Ihara	JPN	2 Jan 2007	6.15 +0.2	6.58 -0.4	6.53 -1.1	6.58 -0.4	716 0
4	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	6.14 -0.6	6.09 +0.9	6.57 -0.8	6.57 -0.8	713 0
5	238	Upkar Upkar	IND	16 Jun 2007	6.49 +0.1	X	6.48 -0.5	6.49 +0.1	695 0
6	140	Cheng-yu Wu	TPE	25 May 2008	6.45 -0.8	6.33 -1.4	X	6.45 -0.8	686 0
7	572	Jakhongir Juraboev	UZB	9 Jan 2008	6.15 -0.8	6.40 0.0	6.18 -2.0	6.40 0.0	675 0
8	304	Askar Omirzak	KAZ	17 Sep 2008	6.09 -1.1	5.88 +0.2	X	6.09 -1.1	606 0
9	191	Pak Ki Wong	HKG	21 Mar 2009	5.48 -1.2	5.53 -0.7	5.76 +0.1	5.76 +0.1	535 0

Legend:
X Failed trail in Field Events YC Yellow Card

