



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 17:50

Men's 400m H Round 1 Heat 1/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	47.34	Roshawn CLARKE	JAM	21 Aug 2023
Asia U20	48.59	Hayato SHIMODA	JPN	21 Sep 2024
Meet Record	50.43	Ibrahim AL HAMAI	KSA	14 Jun 2004
HK U20	52.65	CHUNG Long Hei Cyrus	HKG	28 Sep 2025

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	425	Faycal Mahamat Abdallah	QAT	19 Jan 2007	5	0.163	50.91Q	PB
2	501	Shavindu Nimasha Dias Maha Marakkala	SRI	2 Apr 2008	9	0.157	51.72Q	PB
3	460	Naif Rashid A Alsubaie	KSA	28 Jun 2007	6	0.225	52.22	
4	311	Kirill Savchenko	KAZ	22 Jan 2008	8	0.168	52.54	PB
5	166	Cheuk Hei Isaac Cheung	HKG	15 Feb 2009	3	0.147	53.39	PB
6	369	Iat Hin Huang	MAC	11 Aug 2009	7	0.153	54.44	PB
7	586	Zayniddin Ravshanov	UZB	19 Jan 2008	4	0.192	55.03	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:

Q Qualified by place in Track Events PB Personal Best





22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 17:59

Men's 400m H Round 1 Heat 2/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	47.34	Roshawn CLARKE	JAM	21 Aug 2023
Asia U20	48.59	Hayato SHIMODA	JPN	21 Sep 2024
Meet Record	50.43	Ibrahim AL HAMAI	KSA	14 Jun 2004
HK U20	52.65	CHUNG Long Hei Cyrus	HKG	28 Sep 2025

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	
1	420	Abakar Idriss Djibrine	QAT	2 Nov 2008	9	0.174	51.62Q	PB
2	279	Shunta Ieiri	JPN	17 Apr 2007	2	0.172	51.76Q	SB
3	212	Amit Kumar	IND	14 Jan 2007	5	0.157	51.78	PB
4	149	Sin-you Tsai	TPE	19 Dec 2008	7	0.169	52.86	
5	315	Niyattulla Aibol	KAZ	22 Feb 2007	8	0.215	54.06	
6	185	Long Hei Cyrus Chung	HKG	24 Dec 2007	3	0.174	55.27	
7	293	Ammar Yaser Mahmoud Abu Sheikha	JOR	25 Oct 2008	4	0.223	56.31	
8	398	Mungunkhuyag Burentogtokh	MGL	15 Jun 2007	6	0.158	59.16	

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
Q Qualified by place in Track Events PB Personal Best SB Season Best



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 18:08

Men's 400m H Round 1 Heat 3/3

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	47.34	Roshawn CLARKE	JAM	21 Aug 2023
Asia U20	48.59	Hayato SHIMODA	JPN	21 Sep 2024
Meet Record	50.43	Ibrahim AL HAMAI	KSA	14 Jun 2004
HK U20	52.65	CHUNG Long Hei Cyrus	HKG	28 Sep 2025

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result
1	280	Taiju Goto	JPN	5 May 2009	3	0.145	50.80Q
2	217	Jashanpreet Singh Jashanpreet Singh	IND	10 Jan 2008	4	0.175	52.50Q
3	494	Kalpadith Hansaja Uyanwaththa	SRI	28 Jan 2007	8	0.216	52.86 =PB
4	468	Daryen Xin Tze Ko	SGP	12 Jan 2009	7	0.173	52.89 PB
5	190	Pak Hin Issac Tong	HKG	10 Jan 2008	9	0.159	55.22
6	515	Sharafullo Abulfayzov	TJK	25 Jul 2007	5	0.133	59.98
	154	Yi-xuan Chen	TPE	12 Oct 2007	6	0.170	DNF

Qualification: First 2 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
Q Qualified by place in Track Events PB Personal Best DNF Did Not Finish