



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 16:55

Men's Javelin Throw Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	86.48	Neeraj CHOPRA	IND	23 Jul 2016
Asia U20	86.48	Neeraj CHOPRA	IND	23 Jul 2016
Meet Record	77.97	Junya SADOU	JPN	6 Jun 2016
HK U20	64.93	LAM Ming Yiu	HKG	15 Sep 2018

Rank	Bib	Name	C/R	DoB	1	2	3	Result	Point Tot.Pts	Remark
1	238	Upkar Upkar	IND	16 Jun 2007	60.67	56.18	55.90	60.67	748 6242	
2	228	Rahul Jakhar	IND	11 Sep 2008	55.49	51.18	55.15	55.49	670 6685	
3	274	Kotaro Ihara	JPN	2 Jan 2007	47.98	X	X	47.98	559 5973	
4	304	Askar Omirzak	KAZ	17 Sep 2008	45.24	45.67	43.30	45.67	525 6110	
5	140	Cheng-yu Wu	TPE	25 May 2008	37.24	40.15	44.73	44.73	511 6020	
6	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	41.97	37.33	40.92	41.97	471 5946	
7	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	28.63	28.58	23.93	28.63	280 5737	
8	191	Pak Ki Wong	HKG	21 Mar 2009	12.40	X	X	12.40	62 2883	
	572	Jakhongir Juraboev	UZB	9 Jan 2008				DNS	4883	

Legend:
X Failed trail in Field Events DNS Did Not Start