



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 18:55

Women's 400m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	49.42	Grit BREUER	GER	27 Aug 1991
Asia U20	49.88	Salwa Eid NASSER	BRN	1 Sep 2017
Meet Record	52.66	TANG Xiaoyin	CHN	13 Jun 2004
HK U20	55.32	CHOW Chi Kiu	HKG	9 May 2026

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	878	Aminat Kamarudeen	UAE	29 Aug 2007	6	0.181	52.72	PB
2	638	Yi-cen Chen	TPE	5 Jun 2010	9	0.151	53.16	SB
3	692	Neeru Pathak	IND	27 Jan 2007	7	0.163	53.23	SB
4	699	Tahura Khatun	IND	6 Mar 2007	4	0.203	53.93	PB
5	877	Aisha Traiq Muhammad	UAE	13 May 2009	8	0.150	54.27	
6	632	Chen-yu Liu	TPE	1 Jan 2007	5	0.181	54.42	SB
7	755	Sofya Kidenko	KAZ	18 Jan 2007	2	0.158	54.75	PB
8	807	Jeralyn Rodriguez	PHI	17 May 2007	3	0.261	54.83	PB

Legend:
 PB Personal Best SB Season Best

