



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 19:05

Men's 400m

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	43.87	Steve LEWIS	USA	28 Sep 1988
Asia U20	44.27	Abdelilah HAROUN	QAT	5 Jul 2015
Meet Record	45.53	Ailixier WUMAIER	CHN	25 Apr 2024
HK U20	47.79	LEUNG Ki Ho	HKG	2 Dec 2007

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	558	Suleiman Abdulrahman	UAE	11 Aug 2007	8	0.152	44.85	MR PB
2	429	Khala Ngare Mahamat	QAT	5 Jun 2007	5	0.155	45.19	MR PB
3	437	Youssef Abdelaziz Djibrine	QAT	20 Jun 2007	7	0.141	45.58	PB
4	498	Omel Shashintha Silva Jayathungalage	SRI	10 Dec 2007	6	0.161	45.95 (45.943)	
4	499	Sadew Wimansa Rajakaruna Senarath Mudiyansele	SRI	2 May 2007	9	0.163	45.95 (45.943)	PB
6	125	Weixin Ye	CHN	7 Sep 2007	2	0.149	46.65	
7	126	Xinlong Xu	CHN	14 Mar 2007	4	0.158	46.83	
8	529	Sarawut Nuansi	THA	17 Mar 2007	3	0.164	51.84	

Legend:
MR Meet Record PB Personal Best