



# 22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 08:40

## Men's 5000m Race Walk

Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

### RESULTS

<b>Asia U20</b>	<b>18:54.37</b>	Nitin Gupta	IND	25 Apr 2026
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Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	225	<b>Nitin Gupta Nitin Gupta</b>	<b>IND</b>	1 Jan 2008	7	19:47.49	~08:58
2	148	<b>Sheng-qin Lo</b>	<b>TPE</b>	11 Oct 2008	2	19:56.17	>08:56
3	267	<b>Chihiro Obata</b>	<b>JPN</b>	27 Nov 2008	1	20:06.73	
4	122	<b>Ninghao Zhu</b>	<b>CHN</b>	20 Mar 2008	11	20:25.60	
5	341	<b>Seo Beomsu</b>	<b>KOR</b>	8 Oct 2007	6	20:52.26	~08:56 ~08:58 >08:59
6	237	<b>Tushar Panwar</b>	<b>IND</b>	20 May 2008	10	20:55.41	+30s TR54.7.4 >08:49 ~08:57 >09:00
7	112	<b>Haoyang Shen</b>	<b>CHN</b>	21 Apr 2010	8	21:00.83	
8	146	<b>Ruei-kai Chen</b>	<b>TPE</b>	15 Feb 2008	4	21:25.66	~08:51
9	321	<b>Sherkhan Yegizbay</b>	<b>KAZ</b>	22 Aug 2008	12	21:33.92	~08:56
10	583	<b>Sherzod Zubaev</b>	<b>UZB</b>	13 Jun 2007	5	22:42.87	>08:51
11	323	<b>Yegor Strukov</b>	<b>KAZ</b>	21 Aug 2007	9	23:08.80	
12	578	<b>Ozodbek Saidov</b>	<b>UZB</b>	8 Nov 2007	3	23:36.44	

**Legend:**

> Bent Knee(Race Walking) ~ Loss of Contact(Race Walking)