



22nd Asian U20 Athletics Championships



Friday

29 May 2026

START TIME 09:10

Men's Discus Throw Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	71.37	Mika SOSNA	GER	10 Jun 2022
Asia U20	66.47	Moaaz Mohamed IBRAHIM	QAT	3 Feb 2018
Meet Record	63.17	Khalid Habash AL SUWAIDI	QAT	1 Oct 2002
HK U20	46.56	CHUN Ho Miu	HKG	28 Mar 2026

Rank	Bib	Name	C/R	DoB	1	2	3	Result	Point Tot.Pts	Remark
1	304	Askar Omirzak	KAZ	17 Sep 2008	29.44	39.73	33.69	39.73	659 5050	
2	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007	37.96	X	31.06	37.96	623 4913	
3	238	Upkar Upkar	IND	16 Jun 2007	33.24	X	36.60	36.60	596 4904	
4	228	Rahul Jakhar	IND	11 Sep 2008	36.47	X	X	36.47	593 5398	
5	572	Jakhongir Juraboev	UZB	9 Jan 2008	X	X	33.88	33.88	541 4883	
6	274	Kotaro Ihara	JPN	2 Jan 2007	31.73	X	33.83	33.83	540 4824	
7	140	Cheng-yu Wu	TPE	25 May 2008	X	31.61	33.80	33.80	540 4919	
8	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007	31.44	31.41	X	31.44	493 4922	
9	191	Pak Ki Wong	HKG	21 Mar 2009	12.10	12.29	12.51	12.51	136 2821	

Legend:
X Failed trail in Field Events