



22nd Asian U20 Athletics Championships



Saturday
30 May 2026
START TIME 16:30

Women's Shot Put Heptathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	20.54	Astrid KUMBERNUSS	GDR	1 Jul 1989
Asia U20	20.02	CHENG Xiaoyan	CHN	5 Jun 1996
Meet Record	18.66	QIU Qiaoping	CHN	16 Jun 1990
HK U20	12.86	HO Yin Chiu	HKG	21 Feb 2012

Rank	Bib	Name	C/R	DoB	1	2	3	Result	Point Tot.Pts	Remark
1	723	Mirei Eguchi	JPN	6 Mar 2009	10.46	10.82	10.49	10.82	583 2446	
2	635	Pei-hsuan Lin	TPE	11 Oct 2007	9.65	9.80	9.50	9.80	516 2220	
3	670	Wing Hei He	HKG	30 Jun 2010	5.90	6.50	5.89	6.50	303 1479	