



22nd Asian U20 Athletics Championships



Saturday
30 May 2026
START TIME 17:00

Women's 400m H Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	53.60	Sydney MCLAUGHLIN	USA	27 Apr 2018
Asia U20	54.40	WANG Xing	CHN	21 Oct 2005
Meet Record	56.60	WANG Xing	CHN	14 Jun 2004
HK U20	1:01.23	MA Ying Wen Ashleigh	HKG	8 Oct 2022

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	882	Mariam Kareem	UAE	25 Jan 2008	7	0.143	56.93	PB
2	632	Chen-yu Liu	TPE	1 Jan 2007	8	0.209	59.46	
3	750	Margarita Kossinova	KAZ	21 Aug 2010	4	0.245	1:01.06	PB
4	608	Liwei Wei	CHN	10 Feb 2007	9	0.171	1:01.13	SB
5	902	Shodiyona Rahmonova	UZB	13 Dec 2009	6	0.186	1:03.69	
6	806	Jecel Vivas	PHI	9 Sep 2007	5	0.168	1:03.76	
7	824	Kai Xin Tng	SGP	1 Sep 2010	3	0.162	1:05.68	
8	665	Tsz Sen Lai	HKG	9 Feb 2008	2	0.238	1:10.92	

Legend:
PB Personal Best SB Season Best