



22nd Asian U20 Athletics Championships



Saturday
30 May 2026
START TIME 17:15

Men's 400m H Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	47.34	Roshawn CLARKE	JAM	21 Aug 2023
Asia U20	48.59	Hayato SHIMODA	JPN	21 Sep 2024
Meet Record	50.43	Ibrahim AL HAMAI	KSA	14 Jun 2004
HK U20	52.65	CHUNG Long Hei Cyrus	HKG	28 Sep 2025

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	280	Taiju Goto	JPN	5 May 2009	6	0.155	49.25	MR PB
2	425	Faycal Mahamat Abdallah	QAT	19 Jan 2007	7	0.226	50.54	PB
3	460	Naif Rashid A Alsubaie	KSA	28 Jun 2007	2	0.157	51.08	
4	212	Amit Kumar	IND	14 Jan 2007	3	0.173	51.19	PB
5	501	Shavindu Nimasha Dias Maha Marakkala	SRI	2 Apr 2008	8	0.150	51.72 (51.716)	=PB
6	217	Jashanpreet Singh Jashanpreet Singh	IND	10 Jan 2008	9	0.167	51.72 (51.720)	PB
7	420	Abakar Idriss Djibrine	QAT	2 Nov 2008	5	0.155	52.03	
8	279	Shunta Ieiri	JPN	17 Apr 2007	4	0.168	52.25	

Legend:
MR Meet Record PB Personal Best

