



# 22nd Asian U20 Athletics Championships



Saturday  
30 May 2026  
START TIME 17:40

## Women's 3000m Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

### RESULTS

<b>World U20</b>	<b>8:28.83</b>	Zola BUDD	GBR	7 Sep 1985
<b>Asia U20</b>	<b>8:36.45</b>	MA Ningning	CHN	6 Jun 1993
<b>Meet Record</b>	<b>9:04.36</b>	Nozomi TANAKA	JPN	10 Jun 2018
<b>HK U20</b>	<b>9:37.10</b>	CHAN Man Yee Maggie	HKG	23 Aug 1994

Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	614	Shuanglu Pan	CHN	14 Apr 2007	1	9:36.02	
2	705	Hanieh Shah Pari	IRI	15 Jan 2007	2	9:49.42	
3	889	Dilnoza Hoshimova	UZB	11 Dec 2007	3	10:29.72	PB
4	822	Hsin-wen Clara Chua	SGP	23 Apr 2007	4	10:36.05	
5	676	Yuet Hei Ng	HKG	28 Oct 2010	5	10:56.24	
6	896	Marjona Saydullaeva	UZB	15 Jun 2008	6	11:14.23	

Legend:  
PB Personal Best