



The 1st Asian U23 Athletics Championships 2026



Thursday

9 Jul 2026

START TIME 20:30

Men's 5000m

Final

Ordos, China

RESULTS

World Record	12:35.36	Joshua CHEPTEGEI	UGA	Monaco (MON)
Asian Record	12:47.73	Birhanu BALEW	BRN	Oslo (NOR)

Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	225	Rui SUZUKI	JPN	19 Apr 2006	1	14:01.24	
2	209	Shivaji Parashuram MADAPPAGAUDRA	IND	2 May 2004	3	14:08.19	
3	214	Vinod SINGH	IND	20 Jul 2005	7	14:23.67	
4	258	Kim TAEHUN	KOR	30 Apr 2004	6	14:29.29	
5	120	Jinzhi JIANG	CHN	26 May 2004	2	14:39.67	
6	229	Sota ORITA	JPN	18 Sep 2005	4	15:02.19	
7	134	Yadong LIU	CHN	5 Jun 2006	5	15:09.50	
8	428	Zainulabdeen Mokhles ALSHAMKHEE	IRQ	9 Aug 2006	9	15:16.14	PB
9	160	Li Hung HSU	TPE	27 Jan 2005	8	15:40.53	

Legend:
PB Personal Best