



The 1st Asian U23 Athletics Championships 2026



Saturday

11 Jul 2026

START TIME 18:35

Men's 10000m Final

Ordos, China

RESULTS

World Record	26:11.00	Joshua CHEPTEGEI	UGA	Valencia (ESP)
Asian Record	26:38.76	Ahmad Hassan ABDULLAH	QAT	Bruxelles (BEL)

Rank	Bib	Name	C/R	DoB	Order	Result	Remark
1	236	Yoshihiro KUSUOKA	JPN	16 Apr 2004	3	29:29.34	
2	209	Shivaji Parashuram MADAPPAGAUDRA	IND	2 May 2004	1	29:33.54	PB
3	120	Jinzhi JIANG	CHN	26 May 2004	2	29:42.54	
4	204	Shailesh Kushwaha .	IND	5 Feb 2006	4	30:46.78	
5	134	Yadong LIU	CHN	5 Jun 2006	5	32:26.13	

Legend:
PB Personal Best