



The 1st Asian U23 Athletics Championships 2026



Saturday

11 Jul 2026

START TIME 19:15

Men's 400m H Final

Ordos, China

RESULTS

World Record	45.94	Karsten WARHOLM	NOR	Tokyo (JPN)
Asian Record	46.98	Abderrahman SAMBA	QAT	Paris (FRA)

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	133	Xinfeng XU	CHN	17 Mar 2005	8	0.172	48.68	=NR PB
2	378	Ayomal Akalanka KUDA LIYANAGE	SRI	16 Jan 2006	7	0.183	49.03	PB
3	107	Anan YE	CHN	17 Feb 2004	6	0.218	49.04	
4	252	Cho SANGHYUN	KOR	26 Aug 2004	5	0.160	50.74	
5	351	Mahamat Abakar ABDRAHMAN	QAT	17 Apr 2006	4	0.181	50.77	PB
6	337	Jazzper Lanz ARCENAL	PHI	10 Oct 2005	3	0.187	51.38	PB
7	387	Muhammadrizo MIRZOZODA	TJK	11 Sep 2004	2	0.166	53.67	TR17.3.3[L]
	303	Muhammad Fakrul Afizul NASIR	MAS	28 Mar 2004	9		DNS	

Legend:
PB Personal Best DNS Did Not Start TR17.3.3[L] First lane infringement