



The 1st Asian U23 Athletics Championships 2026



Saturday

11 Jul 2026

START TIME 21:05

Men's 400m

Final

Ordos, China

RESULTS

World Record	43.03	Wayde VAN NIEKERK	RSA	Rio de Janeiro (BRA)
Asian Record	43.93	Youssef Ahmed MASRAHI	KSA	Beijing (CHN)

Rank	Bib	Name	C/R	DoB	Lane	React. Time	Result	Remark
1	227	Shinya HAYASHI	JPN	15 Apr 2004	5	0.176	45.26	PB
2	413	Ngoc Tuong TA	VIE	31 Mar 2005	8	0.214	45.50	PB
3	147	Zhexuan SHAO	CHN	18 Nov 2005	6	0.194	45.92	PB
4	121	Jun SHI	CHN	25 Dec 2005	4	0.137	46.27	
5	188	Astik PRADHAN	IND	23 Apr 2006	7	0.177	46.33	
6	352	Mubarak Abdulkarim MUSA	QAT	25 Feb 2005	3	0.217	47.21	
7	203	Setu MISHRA	IND	12 Jun 2005	2	0.149	47.26	
8	130	Wenqiang LIANG	CHN	12 Nov 2004	9	0.167	47.45	

Legend:
PB Personal Best