



# 22nd Asian U20 Athletics Championships



Thursday  
28 May 2026  
START TIME 09:20

## Men's Long Jump Decathlon

Kai Tak Youth Sports Ground, Hong Kong (HKG)

### START LIST

<b>World U20</b>	<b>8.38</b>	Mattia FURLANI	ITA	8 Jun 2024
<b>Asia U20</b>	<b>8.31</b>	SHI Yuhao	CHN	25 Jun 2017
<b>Meet Record</b>	<b>8.05</b>	WENG Yongfeng	CHN	13 Jul 2008
<b>HKG All Comers</b>	<b>8.16</b>	WANG Cheng	CHN	9 Jul 2000
<b>HK U20</b>	<b>7.89</b>	LIN Mingfu	HKG	2 Mar 2023

Order	Bib	Name	C/R	DoB	PB	SB
1	228	Rahul Jakhar	IND	11 Sep 2008		
2	454	Mohammed Hezam B Alshahrani	KSA	8 Feb 2007		
3	305	Ayan Zhanbakiyev	KAZ	27 Jun 2007		
4	274	Kotaro Ihara	JPN	2 Jan 2007		
5	191	Pak Ki Wong	HKG	21 Mar 2009		
6	140	Cheng-yu Wu	TPE	25 May 2008		
7	572	Jakhongir Juraboev	UZB	9 Jan 2008		
8	304	Askar Omirzak	KAZ	17 Sep 2008		
9	238	Upkar Upkar	IND	16 Jun 2007		